# THE FLAGSHIP



October 24, 2021 Tom King, Editor

# Look What's Coming Up!!!

Oct. 24: World Polio Day

Oct. 27: Howard Fass, "A Pharmacist's Perspective"

Nov. 3: Board of Directors, 11 a.m.

Nov. 3: Club Assembly

Nov. 10: Pat Polis, President, Vietnam Veterans of America Chapter 1078

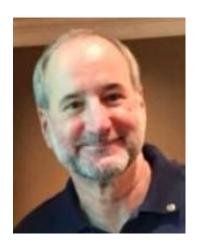
(All meetings begin at 12:15 — unless noted otherwise)

# Wednesday's Program: Dr. Howard Fass Talks Drugs & Much More

Our program Wednesday is about drugs....and a few other health issues. We will hear from a distinguished Doctor of Pharmacy with a vast

reservoir of knowledge about drug usage and about the drugs — and that would be **Dr. Howard Fass.** 

Howard, of course, is a former treasurer of our club and now serves as one of our three Sergeants at Arms.



Howard is a retired pharmacist, earning his doctorate in pharmacy from Mercer University in Atlanta in 1980. After 30 years in the business, in retirement, he works between one to two days a month at the Helen Ross

McNabb Center as a pharmacist.

Howard's program will be a "A Pharmacist's Perspective" and include advice on meds, COVID, sinus eyes, UTIs, coughs, suntan lotions, opioids and do we really need vitamin supplements.

He last presented a program for us in February 2020. "I'll finish my program from 2020 this time," he said. This should be very interesting.

### Slater Recounts Ups & Downs of RYE Year



**Doug Slater** says the year 2007 changed his life snd today he's living that life as a Senior Software Engineer for RaySearch Americas, a Swedish company developing software for radiation therapy. And he gets to work from his home.

Slater was a **Rotary Youth Exchange** student during his junior year at Webb School and was sponsored by our club.

He had a superb slideshow presentation for us. In the picture he visits with Brian Elton after our meeting.

"It untethered me from viewing the contemporary issues and I am a citizen of the world," he said.

His major regret is not staying in touch with his host families and others in the Bavarian towns of Freihaslach (where he lived for three months) and Hodstadt. He was there for the balance of his stay for eight months. "It was fun and hard at the same time," he recalled. "The benefits come later. The loneliness and isolation were challenging. There were highs and lows." The benefits he listed were becoming a citizen of the world, the love of continual learning, traveling and finding a career path.

While there he enjoyed swimming, running, playing the cello with an orchestra there and church.

### Wednesday's Guests & Visitors Report



- Bill Nichols had a very special guest his daughter **Shannon** (pictured here). She was here for a week visiting Bill and Linda from her home in Los Angeles. Shannon works for Synergy, a division of Advantage Engineers. And a big day will be happening soon. She's engaged to be married but they don't have a date yet. Congratulations to Shannon!
- Bill also had with him **Tory Kinson** and his wife **Monica**, who came to see Tory inducted.
- Visiting from Webb School's International Center was our buddy, Liz Gregor, who introduced our speaker.
- **Joe Johnson** of the Rotary Club of Knoxville was a Visiting Rotarian. Always good to have Joe with us, even when he instigates jokes during our meetings! He's on probation!!!!
- Tammy Cheek of the Farragut Press was covering our meeting.

Great to see one and all.

## Four-Way Test

Rotary's Four-Way Test of the things we think, say or do:

1) Is it the TRUTH?
2) Is it FAIR to all concerned?
3) Will it build GOODWILL and BETTER FRIENDSHIPS?
4) Will it be BENEFICIAL to all concerned?

# Find Us On Facebook

If you have not visited our Facebook page, give it a try!

Denise Bash does a great job of keeping the page updated. If you have not visited our page, we invite you to do so and to also LIKE the page!

Here is a <u>LINK</u> to our page.

# This Week's Update On Our Family of Rotary

**Bettye Sisco** returned home from Duke Medical Center on Wednesday evening. She says she spent the six-hour drive sleeping. "I feel pretty good today and they seem to be happy with how things

are going," she says. She returns in mid-November and again in December for her clinical trial leukemia treatments.



Let's keep **PP Peggy Wilson** and **Joe** in our prayers tomorrow. She's undergoing a reverse right shoulder replacement surgery at Park West Medical Center at 9 a.m. It's an outpatient surgery. She says she'll be in a sling for six weeks and then six weeks of PT. The Peggy Saga rolls on!!! They may need a few more meals from our chefs. Stay tuned.

Prayers for both Bettye and Peggy!



# Adomat, Kinson & Sheumaker: 3 New Members Inducted on Wednesday

Our club on Wednesday welcomed three new members into our Family of Rotary — Fred Adomat, Tory Kinson, and Larry Sheumaker. President David Bluford did the induction honors and all three have prior Rotary connections.



L-R, Bill Nichols, Tory Kinson, Tom King, Larry Sheumaker speaking, Fred Adomat and Tom Pattison

Fred, sponsored by Dr. Tom Pattison, is a former member of the North Knox Rotary Club.

Tory, appropriately sponsored by Bill Nichols, was a Rotary Youth Exchange student in the late 1980s to South America. He presented a program about this a few weeks back.

Larry Sheumaker for 12 years was a member and Past President of our club and the Rotary Club of Bearden, his most recent Rotary home. Now he's returned to his real Rotary home.

He also is a Past Assistant District Governor. His sponsor is PP Tom King.

Welcome to our family and club, gents!

#### Our Service Projects Calendar

Nov. 6 Sleep In Heavenly Peace bed project. Location/time TBA

Dec. 4 & 18: Salvation Army Bell Ringing, Kroger in Farragut

Dec. 17: East Tennessee Children's Hospital Toy Drive/Angel Tree

## Noah Steps Up With Inside Workplace If Weather Hampers Nov. 6 Bed Build

With no clear idea yet about the Saturday, Nov. 6 weather, Service Projects Chair Scott Bertini found an inside facility to use for our "Sleep in Heavenly Peace" work-day project. We're scheduled



to build the new beds for kids in the Fox Den north parking lot.

Scott says that **Noah Myers** has graciously agreed to let us use one of his new building projects locations as

the back up. It will serve us well if needed and is close by in Lenoir City at 255 Kevin Lane.

We will gather at 9:30 a.m. — either outdoor or indoors.

Here's the <u>LINK</u> if you want to sign up and help. If you have questions, you can email Scott at this <u>LINK</u>

### Newsy News & Notes of This & That

Today is **World Polio Day** worldwide. The Purple Pinkie Donuts Day for Polio in our district and other districts raised \$1.3 million to fight polio. That's the final figure as of this past Friday. Thanks to all who participated!

Our first **Third Thursday** in a long time attracted a dozen folks at Season's Cafe. Enjoying the fellowship, food and fun were President David Bluford and wife Mary, Jeanne and Jack Faber, new member Jerry Schwallier and his wife,, Barbara, Teri Jo Fox and husband Eric Whitener, Diane and PP Jim



O'Brien and the Singletary's — Mike and Anita. They're all pictured here.



It's been a busy week for **PE Megan Belcher.** In addition to our Wednesday meeting, she was on a Zoom call Tuesday evening with Dist. 6780 folks to learn about district grants and yesterday she was in Crossville at Stone Mountain High School for the Dist. 6780 PETS-O (Presidents Elect Training Seminar-Orientation) to learn how to be a great club president for us! Which she will be!!!!

New member **Ron Williams**, Farragut's mayor, told us that the much-anticipated **Topgolf** on Outlet Drive has "steel coming out of the ground." It's looking like it will be open in the summer of 2022, our David Smoak says.

**Mike Singletary** is a getting an early start on lining up our **Salvation Army Bell Ringing Team.** He will be passing around a sign-up sheet for those who can tend the Red Kettle at the main entrance at Kroger's on two Saturdays in December — Dec. 4 and Dec. 18. If you've never done this, it's a lot of fun!

## Knoxville Challenger Pro Tennis Event Is Nov. 8-14; We're a Sponsor

If tennis is your game, you'll enjoy the upcoming \$50,000 Knoxville Challenger Pro Tennis Tournament at the UT Goodfriend Indoor Tennis Center Nov. 8-14. Pros from 13 countries will battle for the money and championship. The Rotary Club of Farragut is a Patron Sponsor too.

For that, our Adam Brock says the club will have 16 sponsor passes, a parking credential and an invite to dinner on Thursday. Either Adam or President David Bluford will have the tickets soon. Our club is a Patron (\$700) sponsor and will receive two extra any-day sponsor tickets.

The tournament is a major fundraiser for the Helen Ross McNabb Center.

A map showing the Sponsor Parking lot (across from University Commons Publix) will appear on the back of the sponsor parking passes. The SUV shuttles will run continuously to the Goodfriend Indoor Tennis Center.

Sponsor ticket holders will be given a sponsor bracelet at check-in to which access the private sponsor dining room and for premium reserved gallery seating. Lunch (salads, sandwiches and/or hot lunches) will be served to sponsors every day. Dinner will be served from 5:30 p.m. to 8 p.m. on Monday through Friday. Check out the tournament <u>WEBSITE</u> for which tournament information, sponsors, directions to public parking, player bios, and schedules.

### A Thought for the Week

"The broadest, and maybe the most meaningful definition of volunteering: Doing more than you have to because you want to, in a cause you consider good." – Ivan Scheir