

Rotary



Club of Dayton SMILE



SERVE TO CHANGE LIVES

Club Leaders



Shaun Yu
President



Walter A.
Hibner
President-Elect



Kimberly
M.
Bramlage
Vice President



Linda
Groover
Secretary



Matthew
J. Scarr
Treasurer



Brian O.
Martin
iPast President



Brenda J.
Stansfield
Assistant Governor

Birthdays



Thomas E.
Kramer
August 16th



William T.
Butt Jr.
August 16th



Brady
Kress
August 20th

Ronald O.
Smith
August

This Week at Rotary

MONDAY, AUGUST 16, 2021

At Sinclair Community College for those who have reserved a spot. Also there is a ZOOM option for those who wish to attend virtually.

"Mindfulness"



Speaker: Chief Richard Biehl

Chief Richard Biehl has retired as Dayton's Chief of Police after 13 1/2 years on the job. It is indeed an honor to have Chief Biehl visit us today and discuss the concept of Mindfulness and explore its role in helping him maintain equanimity & stability in his role as Chief and as well during his 43+ years of public and community service.

Chair of the Day: Carolyn Rice

This Happened Last Monday...

President Shaun reminded all the cheese eaters present to savor the flavor of the cheese and to share! He then introduced Bill Nance to lead the group in the Pledge, the Four Way Test and prayer. We heard news of the day. Linda Groover then announced guests and visitors, including our speaker today, Annie Foos and her cheese squad of Marty Foos and Cornelia Shockey. We learned of the birthdays today and the week. We then moved to Day 10 contributions which included those from Alan, Kim, Paul, Jerry, Lorna and Kevin. They were made in honor of family, the bike ride fundraiser, the social committee meeting, and for Kevin's birthday. Finally, Shaun gave a Day 125 to promote the Club's new initiative of the Club 125, part of the proceeds going to fight polio.

Holly Wiggins introduced Bridget Federspiel the Youth Coordinator of JCOWA Junior Council on World Affairs, part of the DCOWA-- the Dayton Council on World Affairs to accept the Rotary Foundation's presentation of a \$3,000.00 check for JCOWA. Bridget was most appreciative to the Club and explained how important it is that high school students are introduced to how they can seek employment opportunities on a world wide basis and also the importance of teaching them conflict resolution skills.

John Lyman was the Chair of the Day and turned over the meeting to Annie Foos's dad, Chuck Sawicki who introduced us to Annie and the St. Anne's Cheese Company! We learned Annie's cheese roots "there is a cheese story" and that she has fully embraced the farm to table movement. She has attended cheese making schools across the country and worldwide. Annie promoted 2 upcoming events on 8-14-21, there will be a demonstration of how to elevate the taste and use of Limburger cheese for German Fest. They will have a local German chef provide the demonstrations at the Foos home on that day how to pair the cheese to elevate your experience. On 8-21-21, the St. Anne's Porch Fest will take place and there will be a Mimosa and Mozzarella demonstration at 2 pm in the Foos kitchen. You can make mozzarella at home! All are encouraged to attend both events!

Annie then explained how Ohio is experiencing perfect cheddar weather and that cheddar is better! She described various pairings for cheddar to get the most bang for the buck from the cheese. A loose rule of thumb when deciding what to eat with any cheese is that if it grows together, it goes together. We were entertained by short videos demonstrating the creative and enticing Buckeye Cheese Boards that Annie's company sells. As we go into football season she is working on 3D molding cheese in the shape of Ohio and also cheese in the shape of footballs. She is currently working with athletes to promote cheese knowledge.

We then did a Rotary World of Cheese Quiz... as a group. One sample question: ***What is a top selling commercial cheese product in the US? VELVETTA*** which gives Annie nightmares because real cheese comes from farms and if you can light your food on fire you probably shouldn't be eating it. Another question: ***What type of cheese is #1 in Ohio? SWISS***

The in person group sampled various cheddar cheeses English Saxonshire Cheese which is five layers of cheddar for the counties



20th

Speakers

August 16, 2021

Richard Biehl,
Retiring Dayton Chief
of Police

August 23, 2021

Richard Schwartz,
WinSupply

August 30, 2021

Judge Steve Dankof
The State of Bail
Reform

September 06,
2021

NO MEETING -
LABOR DAY
HOLIDAY

in England. Each layer was a different color but they were all cheddar. Cheese is best served at room temperature so that the fats in the cheese exude the best taste. Cheddar and Apples together are always a win. Pro tip if you put your cut up apples and put in a bowl of water with a Vitamin C tablet dissolved they will not turn brown.

Annie certainly is enthusiastic about cheese. The floor was opened to questions at the conclusion of the presentation. President Shaun indicated that color was not a determinant of sharpness of cheese as some may think. Another comment from the floor indicated that this talk had him rethinking putting Kraft singles on his hamburgers. Any cheese aged over 6 month is virtually lactose free.

President Shaun thanked Annie for the fun program and adjourned the meeting.

School Supplies Drive Benefitting Crayons to Classrooms



Think about being asked to complete a writing assignment without having a pen or pencil. Many children in our community face this situation every day when they go to school!

ROTARY CLUB OF DAYTON IS PARTNERING WITH



Tools For Teachers, Success For Students

TO HOST A BACK-TO-SCHOOL SUPPLY DRIVE!

You may bring your donations of basic school supplies to the **Dayton Rotary Office** or to the **Dayton Rotary Monday meetings July 15th - August 31st**. Or you can **donate online** directly to **Crayons to Classrooms** at the following link to our **Dayton Rotary Page**—we have a goal of raising \$2000. Link: [Rotary Club of Dayton | Stuff the Bus \(givingfuel.com\)](https://www.givingfuel.com/rotary-club-of-dayton-stuff-the-bus)

Please consider helping students in need as they head back to school this fall! Most requested items include:

• Crayons (24-count)	• Pens
• Colored Pencils	• Pencils & Sharpeners
• Filler Paper	• Glue Sticks
• One Subject Notebooks	• Dry Erase Markers
• Pocket Folders	• Washable Markers
• Highlighters	• Kids Scissors

Items collected through this supply drive will be placed on the shelves of Crayons to Classrooms, Dayton's only teacher resource center—a “free store” for Dayton-area teachers to supply local classrooms in need. Teachers that qualify can visit Crayons to Classrooms, “shop” for supplies, and return them to their classrooms and students at no cost.

Your generosity will make it possible for our area children to go back to school with self-confidence and the supplies necessary to put their best foot forward!

Thanks for your participation!



Join the 125 Club and Support the Rotary Foundation

Join Now in Our First Year



125 CLUB

Recognizing Rotarians who contribute at least \$100 to the Rotary Foundation's Annual Fund and \$25 to PolioPlus for the 2021-2022 Rotary Year.

5 Easy Steps

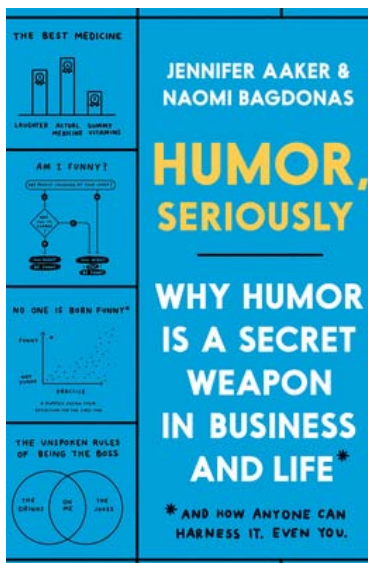
- 1** Contribute at least \$100 to The Rotary Foundation's Annual Fund
- 2** Contribute at least \$25 to PolioPlus
- 3** Notify your Club President that you have completed Steps 1 and 2
- 4** When you receive your District 6670 125 Club lapel pin – Wear it proudly!
- 5** Encourage fellow Rotarians to join the 125 Club! As Rotarians Let's all donate to the Rotary Foundation.

(Pins will be distributed by Assistant District Governors periodically throughout the Rotary year)



Rotary Book Club

Rotary Book Club met this week and had an interesting discussion about the book *Life's Edge*. Some came for clear answers of when life began, and others came for information they didn't know. The author said there were as many definitions of life as there are people, so we didn't come away with any clear explanations. We did enjoy the many stories told in the book. The group is ready to read something other than science and research, or anything very serious.



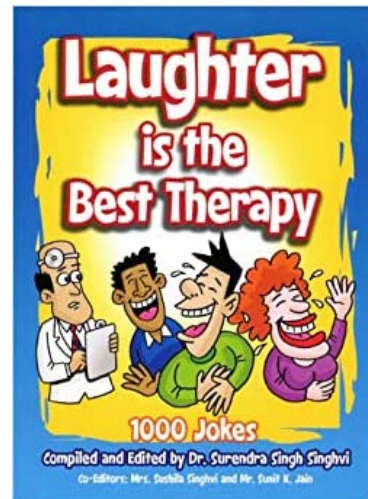
We took the suggestion of Jason Hilliard, who is reading a book about laughter, as our next book. Surendra chimed in and said he wrote a book about laughter and invited us to read it also.

So, our following two books are: ***Humor, Seriously: Why Humor is a Secret Weapon in Business & Life*** by Jennifer Aaker & Naomi Bagdonas,

And, ***Laughter is the Best Therapy: 1000 Jokes*** by Dr. Surendra Singh Singhvi. This book is available on Amazon, or Fred Abrams will bring ten copies from Surendra to our next Rotary meeting and give them free of charge to those who request one.

Our next meeting is **Tuesday, October 12, 2021**. Some have asked if we could experiment with a blended in-person/Zoom meeting. John Lyman agreed to explore reserving a room at Boston Stoker, and I will provide the Zoom part of the call, so stay tuned for future details.

Any question please contact:
Dr. Susan M. Hayes 937-750-7400
sm.hayes@me.com



Dayton Rotary Cycling to Serve

Dayton Rotary Cycling to Serve ♦ Fellowship Rotary Casual Rides.

The one hour rides will be a chance to get out on your bike and enjoy a leisurely experience with fellowship and beverages following.
You can use these rides as training for the **Dayton Rotary Team♦s Tour de Gem** ride on October 10, 2021.

All rides are open to members and guests of any Rotary club in our District.

2021 Dates for Rides :

(all rides will roll out at 6 pm and return by 7 pm):

Thursday, August 19 - [Dayton Beer Company](#)

Thursday, September 2 - [Dayton Beer Company](#)

Thursday, September 16 - [Dayton Beer Company](#)

Thursday, October 7 ♦ Season Last Ride ♦ [Dayton Beer Company](#)

Sunday, October 10 ♦ **Tour de Gem**

Contact Walt Hibner, Health MacAlpine, Steve Naas or Steve Conklin for any questions.

