



Aug 25, 2021
Chicago's Pizza, Wednesdays

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SECRETARY – JOHN BAER
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BOARD MEMBERS:
DIANE BURKS BRAD DUBOIS MAX HANK
RYAN RASH

ROTARY CLUB OF PLAINFIELD

www.plainfieldrotary.org

Program Update - August 18th **Brad Penning, DPT** **Indiana Physical Therapy**



Brad Penning, Doctor of Physical Therapy (DPT) at Indiana Physical Therapy in Avon, spoke to our club last week. He covered many aspects of physical therapy (PT), including the What, Where, and How of the discipline, as well as methods of referral to a therapist and how therapy services get paid for. Brad explained that PT can take place in inpatient, outpatient, and home care settings, and involves patients over a wide spectrum of ages and needs, including orthopedic, neuro, and cardiac rehab, pediatrics, and skilled nursing situations. PT covers such issues as pre & post surgical needs stemming from joint replacements and similar procedures, joint & spine pain caused by arthritis and sciatica, muscle & tendon problems such as tennis elbow, plantar fasciitis, and rotator cuff issues, ligament & cartilage problems, and stroke & brain injury rehab. Lesser known uses of PT include treatment of headaches, vertigo, jaw pain, scoliosis, and Parkinson's Disease. Brad also shared that in many cases, the use of a therapist does not require a physician's referral. Specifically in Indiana, 42 calendar days of PT are allowed before a physician's referral is required.

Charlie's \$2 Worth

"He who advances without seeking fame, Who retreats without escaping blame, He whose one aim is to protect his people and serve his lord, The man is a jewel of the Realm"
- Sun Tzu

"A lion will only retreat if you stare it in the eyes; likewise, so will fear."
- Matshona Dhlwayo

"It makes no difference if I burn my bridges behind me - I never retreat."
- Fiorello LaGuardia

"The idea that putting Americans 'first' requires a withdrawal from the world is simply wrongheaded because a retreat would achieve exactly the opposite for our citizens."
- Colin Powell

Upcoming Speakers/Events

Aug 25 - Royce Carter - Dana Cochran, Hendricks Power
Sep 1 - Daniel Kinnamon - Chase Slaughter, Family Promise
Sep 8 - Board Meeting/Classifications/Rotary education
Sep 15 - Brad DuBois - John Anderson, Level II
Sep 22 - Ryan Rash - Tracy Ballinger, Imagination Lab
Sep 29 - Scott Olinger
Oct 6 - Joanna Sproull
Oct 13 - Board Meeting/Classifications/Member Orientation
Oct 20 - Rocky Turner

Upcoming Classifications

Sep 8 - Candace Balzano & David Williams
Oct 13 - John Baer & Jan Baer
Nov 10 - Sherry Sighting & Joanna Sproull
Dec 8 - Rocky Turner & Ryan Rash
Jan 12 - Scott Olinger & Selina Lewis
Feb 8 - Daniel Kinnamon & Max Hank

Club Meeting Attendance

Plainfield (3417)

Monthly Attendance Detail

July 01, 2021 through July 31, 2021

Member Name	Jul 07 2021	Jul 14 2021	Jul 21 2021	Jul 28 2021	%
Baer, Janet S	Yes	Yes	Yes	Yes	100
Baer, John M	Yes	Yes	Yes	Yes	100
Balzano, Candace		Yes			25
Bennett, Joseph D	Yes	Yes	M	M	100
Booher, Tom					0
Burks, Diane Arnold	Yes	M	Yes	Yes	100
Carter, Royce	Yes	Yes	Yes	Yes	100
Culp, Brian N	Yes		Yes	Yes	75
DuBois, Brad	Yes	Yes	Yes	M	100
Hank, Max C	Yes	Yes	Yes	Yes	100
Kinnamon, Daniel L		Yes	Yes	Yes	75
Klinger, Andrew					0
Lewis, Selina J	Yes	Yes	Yes	Yes	100
Olinger, Scott					0
Rash, Ryan Allen	M		Yes	Yes	75
Reaves, Angela					0
Sichting, Sherry D	Yes	Yes		Yes	75
Sproull, Joanna					0
Turner, Dean F Jr.	Yes			Yes	50
Williams, David J	Yes				25

LEGEND: Y or Yes=Attended, X=Excused Absence, M=Make-Up



UPCOMING SPEAKER ASSIGNMENTS

Please carefully examine the schedule below and let Max Hank know who you have obtained as a speaker for your date.

Jul 7	Diane Burks	Dec 15	Jan Baer
Jul 21	Brad DuBois	Dec 22	Royce Carter
Jul 28	Max Hank	Jan 5	Brad DuBois
Aug 4	Andrew Klinger	Jan 19	Max Hank
Aug 18	Selina Lewis	Jan 26	Dan Kinnamon
Aug 25	Royce Carter	Feb 2	Andrew Klinger
Sep 1	Dan Kinnamon	Feb 16	Selina Lewis
Sep 15	Scott Olinger	Feb 23	Scott Olinger
Sep 22	Ryan Rash	Mar 2	Ryan Rash
Sep 29	John Baer	Mar 16	Sherry Sichting
Oct 6	Joanna Sproull	Mar 23	Joanna Sproull
Oct 20	Rocky Turner	Mar 30	Rocky Turner
Oct 27	Candace Balzano	Apr 6	Dave Williams
Nov 3	Dave Williams	Apr 20	John Baer
Nov 17	Joe Bennett	Apr 27	Joe Bennett
Dec 1	Diane Burks	May 4	Diane Burks

HAPPY BIRTHDAY! AUGUST

Sabrina Kapp - August 9

John Baer - August 13

Christina Wilburn - August 25

Little Free Library Maintenance Schedule

Aug 25-31	John & Jan Baer
Sep 1-7	Sherry Sichting
Sep 8-14	Montie Manning
Sep 15-21	Max Hank
Sep 22-28	Daniel Kinnamon
Sep 29-Oct 5	Selina Lewis
Oct 6-12	Joe Bennett
Oct 13-19	Montie Manning

Please check supply, refill as needed.
Report any damage to Joe Bennett.
Books are available at the Library.

Committees and Chairs

Bulletin: Max Hank

Finance: Joe Bennett

Foundation: John Baer

Fundraising : Selina Lewis

Golf Outing: John Baer, Brad Dubois

Crew Car Wash: Sherry Sichting

Membership: Daniel Kinnamon

Orientation: John Baer & Diane Burks

Programs: Ryan Rash & Max Hank

PR & Website: John Baer

Quaker Day Parade & Picnic: TBD

Service Committees: Royce Carter

Literacy/LFL: Joe Bennett

Teacher of the Year: Max Hank

Youth: Diane Burks

Interact and RYLA: Diane Burks

Scholarships: Max Hank

Straight-A Salute: Sherry Sichting

The Imagination & Idea Labs: Diane Burks

4-Way Test

OF THE THINGS WE THINK, SAY AND DO

1. IS IT THE TRUTH?
2. IS IT FAIR TO ALL CONCERNED?
3. WILL IT BUILD GOODWILL AND BETTER FRIENDSHIPS?
4. WILL IT BE BENEFICIAL TO ALL CONCERNED?
- (5. IS IT FUN?)