

# RIPPLES

### Connect and Serve

#### OCTOBER 5th MEETING:

Andy Gutwein will speak about LUNA Theater to the LUNA Flats: Filling a 50-year Void

Join Zoom Meeting on October 5<sup>th</sup>: <a href="https://us02web.zoom.us/j/88042953308?pwd=VEtBa">https://us02web.zoom.us/j/88042953308?pwd=VEtBa</a> HI0RIh1UW5lcGMvU1daNDgvUT09

Meeting ID: 880 4295 3308

Passcode: 628515

#### PROGRAM:

Dr. Angelica Kokkalis, O.M.D, L.Ac, is a graduate of



https://angelicakokkalis.com

Beijing Medical University class of 1989 where she completed her residency in Traditional Chinese medicine. She practices in Zionsville and West Lafayette and offers a unique blend of Eastern and Western medicine. She is the president of

The Han Institute. Its core mission is to treat neurological illnesses by researching and validating the best treatments from around the world. Dr. Kokkalis spoke to us today about electro-acupuncture and its use in reducing the side effects of de-toxing from substance abuse including alcohol, heroin, and other drugs. She has great results using the Han Stimulator developed by Dr. Jisheng Han, a World-Renown neuroscientist in China, to treat a wide variety of disorders. The World Health Organization has officially recognized acupuncture as suitable for the treatment of more than 200 common clinical disorders. Dr. Kokkalis believes that using electro-acupuncture combined with Chinese herbal therapies and having a strong faith can resolve many neurological issues. The use of electro-acupuncture releases endorphins which act as "nature's own morphine." More information can be found at

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#### WELCOME NEW MEMBER:

Natasha Corbett is a lawyer who works for the

Tippecanoe
County
Prosecutors Office
as a Deputy
Prosecuting
Attorney. Natasha
is originally from
Ohio but has lived
in West Lafayette
for 5 years.



Natasha received her undergraduate degree in psychology from Elmira College in New York and her law degree from Valparaiso University. Her hobbies include hiking, reading, and spending time with her dog. Express a warm welcome to Natasha the next time you see her.

#### THANK YOU FOR YOUR HELP TODAY:

VAN NEIE served as greeter. The money was handled by MARY KAY DAVIS and DAN HEMAN. The computer was handled by JO WADE. ARVID OLSON led singing. Our Moment of Inspiration was presented by PHIL KLINGER.

## THANKS TO THOSE WHO HELPED AT IT'S MY CLOSET:

Rotarians helped to sort and organize things to make the shopping process go smoothly. Donna Osborn, co-director



of It's My Closet, has used some of our major project money to buy new jeans for students and also toilet paper for the families.

#### NEW WAY TO EXERCISE:

A social event is planned for October 20th at Boxfit Lafayette, owned by Rotarian CHAD WELCH. He will be teaching this lively and fun way to work out to music. See details below.

#### **UPCOMING EVENTS:**

**September 29** - Backpacking at Miami School 2401 Beck Lane, Lafayette 4:00-4:45 pm. Park on the WEST side of the school in the south end of the driveway. Entrance to the school is through the glass doors

September 29- Pub Club at Digby's 5:30

October - Pay your dues and thanks!

October 4 - Major Projects Committee Meeting 2:00 This committee will come up with projects that will be supported by the Ice Cream Crawl in 2022.

Here is the zoom link:

https://us02web.zoom.us/j/84345960753?pwd=MTR oOHhlRStWY29oeEVvQWdFeHVVQT09

Meeting ID: 843 4596 0753

Passcode: 658618

**October 15 -** Help at It's My Closet from 10 - noon. Sign up at the welcome table.

**October 16 -** Purdue Half Marathon 7:45 am - 11:45 am. Select your two-hour shift and sign up at the welcome table.

October 20 - Boxfit class 6:30-7:30 pm at Boxfit Lafayette 3540 S.R. 38 E, Lafayette with CHAD WELCH as the instructor. Cost: \$15/person, cash only payable that night. Wear workout clothes. This will be a fun event and not too rigorous so that everyone can enjoy learning about this form of exercise. Sign up at the welcome table.

**October 28 -** Five-course Dinner at The Farm at Prophetstown prepared by Lauren Reed, our speaker from last week. 6:00 pm. Cost is \$60/person. Sign up at the welcome table.

#### OCTOBER IS DUES MONTH:

JIM KLUSMAN will be sending an email to those who need to pay dues at this time. If you use a bank card, the amount is \$310/year or \$155/half year. If you pay by check, the amount is \$300/year or \$150/half year.

#### LOCAL CLIMATE ACTION PLAN:

Were you aware that the greater Lafayette area has a climate action plan? Here is the link to the website and we have been asked to complete the 5-minute survey. You will find the survey by scrolling down and looking on the right. Amy Krzton-Presson spoke to us a while back about recycling. She will be coming to speak again soon about this action plan. She says: If possible, it would be incredible if you could share the climate action plan website and encourage Rotarians to take our survey:

https://greaterlafayetteind.com/climate-action-plan/

#### MATCHING GRANT UPDATE:

To date, more than \$25,000 has been given to Community Foundation of Greater Lafayette for "Lafayette Rotary" and will be matched dollar-fordollar. We are much closer to our goal of reaching the \$1,000,000 amount in the endowment. This will generate more than \$40,000 each year to be used for scholarships and projects. If you donate between now and Feb 1, 2022, you will receive credit towards Golden Service for your donation AND the match.

#### DID YOU KNOW...

...that DAN HEMAN and CHRISTY PRESTON alternate weeks to count the money to be deposited?? Thanks to them for faithfully managing this important task!

#### OCTOBER BIRTHDAYS:

ZARJON	ВАНА	15-Oct
FLOYD	GARROTT	12-Oct
MARTI	GUTWEIN	10-Oct
JAMES K.	RISK, III	4-Oct
CHARLES	RUTLEDGE	1-Oct
PAULINE	SHEN	8-Oct
SALLY	SIEGRIST	5-Oct
ELAINE	TODD	1-Oct

#### ON THE JUMBOTRON

Yes, that's right, you see the name of Rotarian YOUNG LEE on the jumbotron during the Purdue football game. He is pictured there and so are his daughters Viera and Norah.



#### SAWS NEEDS STORAGE SPACE:

SAWS, the organization that we volunteered with to build the wheel chair ramps, is looking for a garage or shed in the Lafayette area. They recently received a grant from the Community Foundation for tools and a trailer, and are looking for a home. This would make their work in our community much easier! They would use the garage for storage and to pre-build the ramp sections. They need approximately 800-1000 square feet. They do have some funds available for rent. Contact MARTI GUTWEIN if you know of a possible building that would fit their needs.

#### **Donating to Lafayette Rotary**

To donate to our Club's <u>current projects</u>:

Make check payable to:

Lafayette Rotary Club Foundation.

To donate to our Club's <u>endowment</u>: Make check payable to: *Community* Foundation of Greater Lafayette with "Lafayette Rotary" in the memo.

To donate to our Club's <u>international projects</u>:
Make check payable to: *District 6560*Foundation with "Lafayette Rotary
International Fund" in the memo.