

# Rotary



## Club of Carmel GEARBOX Newsletter

### Club Meeting

Carmel  
Woodland Country Club  
Networking & Buffet:  
11:30 am  
Meeting: 12 pm - 1pm  
Friday at 11:30 AM

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### Events & Speakers

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[DG Charles "Shu"  
Shumate](#)

### Club Leaders



[Mark Satz](#)  
Assistant  
Treasurer



[Brad  
Sexauer](#)  
President



[Michelle  
'Shell'  
Barger](#)  
President -  
Elect

## This Week's Speaker: Jeff Lake, Assistant Governor

By Cindy Davis



This week our Indianapolis Assistant Governor Jeff Lake will be speaking to us about the Chin Refugee Project, which he has been coordinating for the past two and a half years. Chin's are refugees, primarily from the Myanmar area of Burma. There are approximately 20,000 Chin's living on the Southside of Indianapolis, and his club's foundation provided the Chin Community of Indiana a \$250,000 grant (\$50,000/year for five years) in October 2016. For that club, it is a local project with an obvious international twist.

Please come join us this Friday, September 6th at 11:30AM at the Woodland Country Club to hear from Jeff! See you there!  
**BIO - Jeff Lake**

Jeff is a native of Cleveland, Ohio worked in Sales and Marketing for Johnson and Johnson and the Regina Company. Moved to Evansville, Indiana in 1978 and was owner of a sporting goods store and had various leadership positions for a number of not for profits. Was President of the Downtown Evansville Rotary Club and was also an Assistant Governor in the Southern District. Moved to Indy in 2008, when he opened a development office for the University of Evansville. Retired in 2010 and now spends most of his time with his two grandsons and being actively involved in Rotary. Is a Past President of the Rotary Club of Indianapolis and is currently serving as an Assistant Governor for four clubs.

## September 5:31 Club, Sun King Spirits

By Bryan Patrick Ferry

The 5:31 Club is an informal social gathering of Rotarians and friends at local establishments. This takes place the first Thursday of every month and starts at 5:31 PM. This is a great event to meet other Rotarians and to bring friends and guests who may be interested in joining.

This **September's 5:31 Club** will be in midtown at [Sun King Spirits](#) (351 Monon Blvd, Carmel, IN 46032), so come join the fun on **September 5th at 5:31PM!**



## Recurring Volunteer Opportunity: Crooked Creek Food Pantry

By Beth Sexton

Dear Rotarians,

Last month we initiated a new service opportunity that will be available to all interested club members following lunch on the first Friday of each month. Our next event is **Friday, September 6th from 1:30pm-4:00pm and we are looking for 6-8 volunteers at the [Crooked Creek Food](#)**



**Pantry** ([map](#)). This is a great opportunity to serve those in need while working along side fellow Rotarians. Please see below to read an email from the Crooked Creek Food Pantry President Steve Caffey to learn more about their organization!

Please contact [Beth Sexton](#) or [Jim Laverdiere](#) if you would like to join us. You don't need to commit to every month, we would love to have you!

Thanks in advance for your service!  
Beth Sexton & Jim Laverdiere  
Community Service Committee Chairs  
**Email from Crooked Creek Food Pantry President Steve Claffey:**

Dear volunteers and other supporters,

Lately we have been sending an email early in the week asking for you to see if you might help out that week. This is that email, with a twist! Following our plea for help is a report on how the Pantry is doing and on many of the programs underway at the Pantry. It is a bit long, but we urge you to take a minute to read this, as there are a lot of good things going on!

The Plea:

The volunteer signups this week are low, actually quite low, and we really need you. Every shift on every day needs 4 additional volunteers, and many shifts need even more. Please consider signing up on Sign Up Genius. Bring a friend. Or, just come for whatever time you have available, as all help will be appreciated.

The Report:

Crooked Creek Food Pantry relocated to its present quarters just over one year ago in June 2018. In some ways that move seems like it was several years ago. So much has changed. The Pantry is now providing routinely around 1,600 plus shopping visits a month, heading to 1,750 or more by year end. The number is already about 1,000 more than before relocation! Importantly, more and better food is being distributed to each client. To achieve this remarkable growth and enhanced food support for Pantry clients, many changes in staffing, operations, equipment and food procurement were made and continue to be made.

The growth of the Pantry is due to wonderful continuing financial support by our donors AND the quality experience provided to Pantry clients. The quality experience is in part due to larger volumes of quality food. However, it is primarily due to a devoted, selfless and caring crew of volunteers and staff who provide a dignified, warm, respectful and friendly shopping experience. This has been a constant since the opening in February 2015 and is the foundation of the Pantry. Please pat yourself on the back! And, of course, sign up to help this week.

In my view, despite the surge in clients and many changes over the past 18 months, all is well at the Pantry.

While recruitment of volunteers remains a primary challenge, volunteer turnout was mostly good most of this summer. The number of volunteer groups continues to increase, and the support of Brebeuf Jesuit High School students this summer was phenomenal. An adequate number of volunteers is the number one need for the Pantry this Fall season.

The Pantry is now officially a TEFAP approved pantry and is receiving TEFAP food. TEFAP, the acronym for The Emergency Food Assistance Program, is conducted and funded by the United States Department of Agriculture. Presently large amounts of surplus food are being provided to food banks by the USDA for distribution to TEFAP pantries at no cost to the pantries. The Pantry added three more freezers to handle USDA frozen items. Storage space also was realigned to accommodate more inventory. TEFAP imposes significant operational mandates, some of which you will see at registration. So far, the Pantry is successfully implementing the TEFAP mandates.

The benefits of TEFAP participation are potentially quite significant. It appears that the Pantry may be able to reduce its food procurement costs by as much as \$4,000 to \$8,000 a month and still have a larger amount of food to distribute, if the USDA sustains the volumes of food presently provided under the program.

The Pantry was selected to be the food pantry benefitted in the Spring 2019 Simply Give campaign at Meijer Pike Plaza and recently received word that it will be the food pantry supported in the Fall 2019 Simply Give campaign at the Meijer Pike Plaza store. Only 400 pantries nationwide are benefitted under this Meijer program, so the Pantry is blessed to be selected each year.

The Pantry now has a new logo and banner! The email system being used to send you this report will not allow inclusion of pictures. So, please look for the new logo soon at the Pantry and on the Pantry cargo van. We hope you like it.



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Club Social  
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Service  
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Andrew  
Nisenshal  
Vocational  
Service  
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Kathryn  
Lawson  
Club Youth  
Services  
Chair



Jon Walker  
iPast  
President



Mark V.  
Harville  
Assistant  
District  
Governor

The Pantry is four months underway with the Anthem Foundation Food is Medicine grant program. This program is focused on demonstrating that improved nutritional food availability provided by pantries at medical clinics for families diagnosed there as being food insecure will lead to improved wellness. While this causation may seem obvious, there apparently has not been any larger study to demonstrate the health benefits when improved nutritional food availability is provided on a longer term basis to lower income families with food insecurity. The Pantry is very proud that it is participating in this national program, as there are only 8 medical clinics pantries participating nationwide.

The Pantry recently successfully completed internships with 3 Wabash College students, who were a true blessing. We miss them already and hope to renew the program next summer. The Pantry added Meijer Pike Plaza and the Kroger at 71st and Georgetown as donating stores and will soon be adding monthly ConAgra employee donations.

Corteva Agriscience is also sponsoring at its expense the enrollment of the Pantry in the SWAP program. SWAP stands for Supporting Wellness at Pantries. It is a stoplight nutrition ranking system using signs to help promote healthy food choices by clients. This involves signage, food rankings, training for staff and volunteers on food rankings and use of the program with clients. The SWAP signage should begin in about 8 weeks.

The Pantry needs a grocery store floor. The plan is to achieve a grocery store floor by tearing out the existing carpet and putting down a non slip, waterproof and stain resistant epoxy/resin floor. This project will begin once funding is secured (we are working on that) and approvals are officially obtained from Eskenazi Health. We are hoping all falls into place so we might complete the installation by year end. Stay tuned.

Steve Claffey, President

[Sign Up Here](#)

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## SAWS Check Presentation Last Week

By Raymond Kramp DGN

At last week's Friday lunch, the Rotary Club of Carmel presented a \$2,000 check to SAWS (Servants at Work, Inc.), a faith-based nonprofit organization dedicated to providing freedom to low-income, permanently disabled individuals through the construction of wheelchair ramps to the exterior of the homes. For more information on SAWS, please visit their website, <https://www.sawsramps.org/>



## Heart2Heart Trip to Mexico

By Brad Sexauer

At its July meeting, the Board voted unanimously to provide two \$500 scholarships to new (1-3 years) Carmel Rotarians to help defray the cost of going on the November 13-20, 2019 Heart2Heart trip to Mexico. Following the Board meeting, Carmel Rotarian Tom Dusing and his Travel Leaders travel agency offered to match those scholarships. That means the two scholarships will each be worth \$1,000. This is a great opportunity to introduce two Rotarians to the Heart2Heart Program. Anyone interested in this should contact [Brad Sexauer](#) or [Barbara Ellis](#).



**UPDATE: One scholarship has been claimed, and we have one scholarship remaining!**

For more information about the Heart2Heart program, please visit the RI Zones 30 & 31 website [here](#).

## Downtown Indy Bowling League Call Out

By Brad Sexauer



The Rotary Club of Downtown Indianapolis has extended an invitation to the Rotary Club of Carmel to join a bowling league! It will be at Woodland Bowl on Tuesdays starting on September 17th and continue for 26 weeks! The weekly cost will be \$15 per team. If you're interested in participating, please contact [Brad Sexauer](#) for more information.

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## Club Member Anniversaries



[Barbara A. Ellis](#)  
15 Years



[Michael E. Warren](#)  
15 Years



[Nancy S. Heck](#)  
14 Years



[Peggy A. Powell](#)  
11 Years



[Cindy Davis](#)  
6 Years



[Frank Lutz](#)  
5 Years



[Thaddeus Rex](#)  
4 Years



[James Bednarski Jr.](#)  
4 Years

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## September Birthdays

[Charles W. Jewett](#)  
September 3rd

[Dawn Fraley](#)  
September 7th

[Roger C. Conn](#)  
September 11th

[Mishell E. Cox](#)  
September 13th

[Karen Minton](#)  
September 22nd

[Mary Jane Oakley](#)  
September 3rd

[Thaddeus Rex](#)  
September 10th

[Joshua E. Carr](#)  
September 12th

[Arnold Elston](#)  
September 13th

[Gregory L. Harris](#)  
September 5th

[Bud Kistner](#)  
September 10th

[Lee B. McTurnan](#)  
September 13th

[James F. Burrell](#)  
September 17th

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## September Wedding Anniversaries

[Charles W. Jewett](#)  
September 15th

[Jon E. Olson](#)  
September 18th

[Phillip G. Anderson](#)  
September 17th

[Roger T. Kemper](#)  
September 18th

## Committee List 2019-20

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[Community Grants](#)  
[Foundation](#)  
[Membership](#)  
[Social](#)  
[Youth Services](#)

[Club Administration](#)  
[Community Service](#)  
[International](#)  
[Public Image](#)  
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## News We Can Use?

# NEWS WE CAN USE?

If you have any Rotary news, please contact us at  
[carmelrotaryclub@gmail.com](mailto:carmelrotaryclub@gmail.com)!

Please include as many pictures and/or details that you can!

## Important Links

[Carmel Rotary Website](#)

[Pay Club Dues Here](#)

[District 6560 Website](#)

[Carmel Rotary Facebook Page](#)  
[Rotary International Website](#)

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