

Rotary



Club of Carmel GEARBOX Newsletter

Club Meeting

Carmel
Woodland Country Club
Networking & Buffet: 11:30 am
Meeting: 12 pm - 1pm
Friday at 11:30 AM

In This Issue

[This Week's Speaker: Lisa Rollings, Central Indiana Police Foundation](#)

[Community Grant Applications Due September 1st](#)

[September 5:31 Club, Sun King Spirits](#)

[Recurring Volunteer Opportunity: Crooked Creek Food Pantry](#)

[Heart2Heart Trip to Mexico](#)

[District Grant Awards Trinity Free Clinic](#)

[Paul Harris Fellows Recognized](#)

[Welcome Exchange Student Minna Nilsson!](#)

[Downtown Indy Bowling League Call Out](#)

Events & Speakers

August 1st
5:31 Club

August 9th
August 9th speaker

August 15th
Board of Directors Monthly Meeting

August 16th
Ranj Puthran

August 23rd
Seda Arzumanyan

August 30th
Lisa Rollins

Club Leaders



Mark Satz
Assistant Treasurer

Brad Sexauer

This Week's Speaker:

Lisa Rollings, Central Indiana Police Foundation

By Cindy Davis



This week's speaker is Lisa Rollings, Executive Director of the Central Indiana Police Foundation. Lisa is a graduate of The Ohio State University where she studied communications and psychology. Her original career path focused in on higher education. From an admission counselor to a financial aid counselor, she eventually moved to the corporate sector. She served as a Vice President with Citibank Student Loan Corporation for several years.

Please come join us this Friday, August 30th at 11:30AM at the Woodland Country Club to hear from this amazing speaker! See you there!

BIO - Lisa Rollings

In 2018, she followed her heart to the non-profit world when she began working as the Executive Director of The Central Indiana Police Foundation. In the first 6 months, 80% of the foundations yearly goals were reached. Her passion for supporting our Law Enforcement Officers is evident. The organization has grown quickly under her leadership. In 2019 every officer in the Foundation's territory will be given a medical kit and will have training to save other officers as well as civilians lives.

Community Grant Applications Due September 1st

By Virginia Terpening

Twice a year, the Rotary Club of Carmel awards charitable community organizations that meet the criteria listed in the document linked below with grants up to \$1,000 per organization. This is a competitive grant where applicants must demonstrate a genuine need for the funding, deliver high impact in terms of those affected, and/or the ability of the grant to serve as a catalyst for additional funding from other sources.

If you are interested, please fill out an application and follow the instructions for submission. The deadline is September 1st. Please contact [Ginny Terpening](#) for additional questions.

[Community Grant Review Process](#)
[Community Grant Application](#)





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Community Service
Chair



Virginia Terpening
Club Service Chair
Club Social Chair



Barbara A. Ellis
International Service
Chair

September 5:31 Club, Sun King Spirits

By Bryan Patrick Ferry



The 5:31 Club is an informal social gathering of Rotarians and friends at local establishments. This takes place the first Thursday of every month and starts at 5:31 PM. This is a great event to meet other Rotarians and to bring friends and guests who may be interested in joining.

This **September's 5:31 Club** will be in midtown at **Sun King Spirits** ([351 Monon Blvd, Carmel, IN 46032](#)), so come join the fun on **September 5th at 5:31PM!**

Recurring Volunteer Opportunity: Crooked Creek Food Pantry

By Beth Sexton

Dear Rotarians,

Last month we initiated a new service opportunity that will be available to all interested club members following lunch on the first Friday of each month.

Our next event is **Friday, September 6th from 1:30pm-4:00pm and we are looking for 6-8 volunteers at the Crooked Creek Food Pantry**

([map](#)). This is a great opportunity to serve those in need while working along side fellow Rotarians. Please see below to read an email from the Crooked Creek Food Pantry President Steve Caffey to learn more about their organization!



Please contact [Beth Sexton](#) or [Jim Laverdiere](#) if you would like to join us. You don't need to commit to every month, we would love to have you!

Thanks in advance for your service!
Beth Sexton & Jim Laverdiere
Community Service Committee Chairs

Email from Crooked Creek Food Pantry President Steve Claffey:

Dear volunteers and other supporters,

Lately we have been sending an email early in the week asking for you to see if you might help out that week. This is that email, with a twist! Following our plea for help is a report on how the Pantry is doing and on many of the programs underway at the Pantry. It is a bit long, but we urge you to take a minute to read this, as there are a lot of good things going on!

The Plea:

The volunteer signups this week are low, actually quite low, and we really need you. Every shift on every day needs 4 additional volunteers, and many shifts need even more. Please consider signing up on Sign Up Genius. Bring a friend. Or, just come for whatever time you have available, as all help will be appreciated.

The Report:

Crooked Creek Food Pantry relocated to its present quarters just over one year ago in June 2018. In some ways that move seems like it was several years ago. So much has changed. The Pantry is now providing routinely around 1,600 plus shopping visits a month, heading to 1,750 or more by year end. The number is already about 1,000 more than before relocation! Importantly, more and better food is being distributed to each client. To achieve this remarkable growth and enhanced food support for Pantry clients, many changes in staffing, operations, equipment and food procurement were made and continue to be made.

The growth of the Pantry is due to wonderful continuing financial support by our donors AND the quality experience provided to Pantry clients. The quality experience is in part due to larger volumes



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of quality food. However, it is primarily due to a devoted, selfless and caring crew of volunteers and staff who provide a dignified, warm, respectful and friendly shopping experience. This has been a constant since the opening in February 2015 and is the foundation of the Pantry. Please pat yourself on the back! And, of course, sign up to help this week.

In my view, despite the surge in clients and many changes over the past 18 months, all is well at the Pantry.

While recruitment of volunteers remains a primary challenge, volunteer turnout was mostly good most of this summer. The number of volunteer groups continues to increase, and the support of Brebeuf Jesuit High School students this summer was phenomenal. An adequate number of volunteers is the number one need for the Pantry this Fall season.

The Pantry is now officially a TEFAP approved pantry and is receiving TEFAP food. TEFAP, the acronym for The Emergency Food Assistance Program, is conducted and funded by the United States Department of Agriculture. Presently large amounts of surplus food are being provided to food banks by the USDA for distribution to TEFAP pantries at no cost to the pantries. The Pantry added three more freezers to handle USDA frozen items. Storage space also was realigned to accommodate more inventory. TEFAP imposes significant operational mandates, some of which you will see at registration. So far, the Pantry is successfully implementing the TEFAP mandates.

The benefits of TEFAP participation are potentially quite significant. It appears that the Pantry may be able to reduce its food procurement costs by as much as \$4,000 to \$8,000 a month and still have a larger amount of food to distribute, if the USDA sustains the volumes of food presently provided under the program.

The Pantry was selected to be the food pantry benefitted in the Spring 2019 Simply Give campaign at Meijer Pike Plaza and recently received word that it will be the food pantry supported in the Fall 2019 Simply Give campaign at the Meijer Pike Plaza store. Only 400 pantries nationwide are benefitted under this Meijer program, so the Pantry is blessed to be selected each year.

The Pantry now has a new logo and banner! The email system being used to send you this report will not allow inclusion of pictures. So, please look for the new logo soon at the Pantry and on the Pantry cargo van. We hope you like it.

The Pantry is four months underway with the Anthem Foundation Food is Medicine grant program. This program is focused on demonstrating that improved nutritional food availability provided by pantries at medical clinics for families diagnosed there as being food insecure will lead to improved wellness. While this causation may seem obvious, there apparently has not been any larger study to demonstrate the health benefits when improved nutritional food availability is provided on a longer term basis to lower income families with food insecurity. The Pantry is very proud that it is participating in this national program, as there are only 8 medical clinics pantries participating nationwide.

The Pantry recently successfully completed internships with 3 Wabash College students, who were a true blessing. We miss them already and hope to renew the program next summer. The Pantry added Meijer Pike Plaza and the Kroger at 71st and Georgetown as donating stores and will soon be adding monthly ConAgra employee donations.

Corteva Agriscience is also sponsoring at its expense the enrollment of the Pantry in the SWAP program. SWAP stands for Supporting Wellness at Pantries. It is a stoplight nutrition ranking system using signs to help promote healthy food choices by clients. This involves signage, food rankings, training for staff and volunteers on food rankings and use of the program with clients. The SWAP signage should begin in about 8 weeks.

The Pantry needs a grocery store floor. The plan is to achieve a grocery store floor by tearing out the existing carpet and putting down a non slip, waterproof and stain resistant epoxy/resin floor. This project will begin once funding is secured (we are working on that) and approvals are officially obtained from Eskenazi Health. We are hoping all falls into place so we might complete the installation by year end. Stay tuned.

Steve Claffey, President

[Sign Up Here](#)

Heart2Heart Trip to Mexico

By Brad Sexauer



At its July meeting, the Board voted unanimously to provide two \$500 scholarships to new (1-3 years) Carmel Rotarians to help defray the cost of going on the November 13-20, 2019 Heart2Heart trip to Mexico. Following the Board meeting, Carmel Rotarian Tom Dusing and his Travel Leaders travel agency offered to match those scholarships. That

means the two scholarships will each be worth \$1,000. This is a great opportunity to introduce two Rotarians to the Heart2Heart Program. Anyone interested in this should contact [Brad Sexauer](#) or [Barbara Ellis](#).

UPDATE: One scholarship has been claimed, and we have one scholarship remaining!

For more information about the Heart2Heart program, please visit the RI Zones 30 & 31 website [here](#).

District Grant Awards Trinity Free Clinic

By Virginia Terpening

On Friday, August 9th, the Rotary Club of Carmel awarded a District Grant of \$10,000 to the Trinity Free Clinic for their new pediatric eye clinic! In order to meet District Grant guidelines, we are also looking for volunteers to help! If you are interested, please contact [Ginny Terpening](#) for more details!

For more information on Trinity Free Clinic, please visit their website at <https://www.trinityfreeclinic.org/>.



Paul Harris Fellows Recognized

By Brad Sexauer

On August 16th, **Brian Rhea** and **Melisa Keiser** were recognized as Paul Harris Fellows, but not for the first time! These two have loyally donated to the Rotary Foundation, where Brian is now a +5 Paul Harris Fellow and Melisa is now a +6 Paul Harris Fellow! Please congratulate both of these great Rotarians who have truly demonstrated "service above self" with their generosity!

If you would like to donate to the Rotary Foundation or learn more about it, please visit the Rotary International website ([link here](#)).



Pictured left to right: Brad Sexauer, Melisa Keiser, and Brian Rhea

Welcome Exchange Student Minna Nilsson!

By Brad Sexauer

Please welcome our newest exchange student, Minna Nilsson from Sweden! She came to our Rotary weekly meeting on Friday, August 9th and exchanged flags with our club. She is currently staying with Sue Maki!

Welcome, Minna!



Downtown Indy Bowling League Call Out

By Brad Sexauer

The Rotary Club of Downtown Indianapolis has extended an invitation to the Rotary Club of Carmel to join a bowling league! It will be at Woodland Bowl on Tuesdays starting on September 17th and continue for 26 weeks! The weekly cost will be \$15 per team. If you're interested in participating, please contact [Brad Sexauer](#) for more information.



Club Member Anniversaries



[Ranjit J. Puthran](#)
15 Years



[Jason Randlett](#)
12 Years



[Christopher S. Moyer](#)
12 Years



[Raymond Kramp DGN](#)
10 Years



[Brian G. Poindexter](#)
10 Years



[Susan Wack](#)
10 Years



[Corey L. Bossung](#)
10 Years



[Dawn Fraley](#)
8 Years



[Karen Minton](#)
7 Years



[Donna Schaibley](#)
4 Years

Birthdays

[Julie Lundin-Shadinger](#)
August 2nd

[Patrick R Dilworth](#)
August 5th

[Raymond Kramp DGN](#)
August 11th

[Virginia Terpening](#)

August 13th

[James Delgado](#)

August 17th

[Rebecca Hunter-Barnett](#)

August 22nd

[Brad Sexauer](#)

August 13th

[Cindy Davis](#)

August 19th

[Jay H. O'Neil](#)

August 29th

[Suzanne Maki](#)

August 16th

[Jonathan P Hueftle](#)

August 20th

Wedding Anniversaries

[Brad M Leuthold](#) [David P.](#)

August 18th

[Luedtke](#)

August 31st

Committee List 2019-20

[CarmelFest](#)

[Community Grants](#)

[Foundation](#)

[Membership](#)

[Social](#)

[Youth Services](#)

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[Community Service](#)

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News We Can Use?

NEWS WE CAN USE?

If you have any Rotary news, please contact us at

[**carmelrotaryclub@gmail.com!**](mailto:carmelrotaryclub@gmail.com)

Please include as many pictures and/or details that you can!

Important Links

[Carmel Rotary Website](#)

[Pay Club Dues Here](#)

[District 6560 Website](#)

[Carmel Rotary Facebook Page](#)

[Rotary International Website](#)

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