



Battle Creek Rotary Club Newsletter: The RotoScoop November 29, 2021

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Why Try: Community Presentation Christian Moore

Christian Moore, LCSW, shared information about the curriculum “WHY TRY” as the second of three of special speakers brought to us by our Education Committee during the past couple of years. Moore came to Battle Creek earlier this month and spoke at Lakeview High School, to both students and teachers. Monday, he joined us via Zoom and shared his story.

Moore was one of twelve children growing up in a household with two parents that each dealt with a different type of mental illness. Lack of supervision and failure to meet his and his siblings’ basic needs exacerbated Moore’s learning differences and ADHD. School was a nightmare for him, and he developed some very unproductive coping mechanisms.

The mother of a friend noticed his predicament and made a bargain with him. She said, “You go to school, and I will feed you.” This deal with “Mama Jackson” made a big difference. Also, about this time he witnessed a classmate getting evicted from his home and he found a purpose for himself. He wanted to be a social worker. Now that Moore answered the question, “WHY TRY” for himself he went about the hard work of getting through school.

He did become a social worker and in addition to his clinical practice he documented the strategies that helped him educate himself and lead a productive life in his WHY TRY curriculum and related books. These strategies include tearing up labels, controlling his defense mechanisms, using anger in a positive way, and getting plugged into positive relationships. The WHY TRY curriculum illustrates, explains, and uses multi-media to teach these concepts.

Moore has also made a study of resilience, in himself and in all human beings. He identified four main elements that make someone more resilient: relationships, grace under fire, tenacity, and turning negative energy into positive energy.

Moore’s message is relevant to people of all ages. He has reached over three million students in over twenty-five hundred organizations. He also presents to corporate entities. More information at www.whytry.org



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Friday, December 10th

Sign Up for Bell Ringing at
Sam's Club!

Announcements

Membership Minute: 2021 'New' Rotarians If you have not had a chance to meet them in person yet, please give a warm welcome to Chris Alkins, Brandon Anderson, Adam Castle, Laurie Cook, Desie Hardin, Blake Prewitt, and soon Talia Champlin

It's Rotary Foundation Month!

- Contribute to The Rotary Foundation's Annual Fund. You can do this online (visit www.rotary.org) or by mail.
- As a special incentive to give to TRF during Foundation Month, all contributions to the Annual Fund made in November will be eligible for a 2-1 match!

Each contribution to The Rotary Foundation's Annual Fund funds projects – both here in our District and around the world.

We are now meeting in person at the Kool Center as we did before the pandemic. We will continue to provide a Zoom link up to members as long as needed. We use the same Zoom link and password for every meeting.

Join Zoom Meeting at:

<https://zoom.us/j/93233115265> Meeting ID: 932 3311 5265 Passcode: 049691

Upcoming Programs and Events

12/06/2021	Grant Presentation: Leila Arboretum Society	Farmer Gary
12/13/2021	Upjohn Institute	Michael Horrigan
12/20/2021	NO MEETING	
12/27/2021	NO MEETING - Happy Holidays!	

Contact Karla Fales if you have any ideas: KFales@carewellservices.org