

February 25, 2021

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La Rueda

S E R V I C E A B O V E S E L F

THE ROTARY CLUB OF MONTEREY, RI DISTRICT 5230



Dr. Nita Shattuck

Professor Of Operations Research

Crew Rest On Ships/Subs/Planes

Dr. Nita Shattuck is a Professor at the Naval Postgraduate School (NPS) with faculty appointments in the Operations Research and Systems Engineering Departments and the MOVES Institute. Dr. Shattuck teaches courses in human factors engineering and human systems integration, directs thesis research, and pursues her research interests in human fatigue in operational settings, individual and team performance, and decision-making. She founded the Human Systems Integration Program at NPS in 2003, serving as the Program Director until 2008. She has developed and taught multiple distance and resident courses and helped design the Distance Learning HSI Masters degree.

In her work with the military, Dr. Shattuck has studied the effects of fatigue, sleep deprivation, thermal stress, and acceleration (+ Gz-induced LOC and motion) in various operational and laboratory environments. She has studied work and rest patterns of US Navy Sailors on scores of ships; conducted a 4-year longitudinal study of sleep and performance of Cadets at the US Military Academy, West Point, NY; assessed sleep and academic performance of US Navy Recruits at the Recruit Training Command, Great Lakes, IL; and studied the effects of delayed bedtime and wakeup times on performance of US Army Basic Combat Trainees at Ft. Leonard Wood, MO. In studies of US Marines, Dr. Shattuck examined the effects of waterborne motion exposure to cognitive and physical performance and studied egress times from amphibious vehicles. She has served as Principal Investigator on numerous other operational field studies. She served as advisor to the President's Emergency Operations Center of the White House, documenting improvements in sleep and morale following adoption of a novel watchbill. Dr. Shattuck led a team to study work and rest patterns

on members of the Reactor Department of the USS NIMITZ (CVN 68), focusing on crew performance using different watchbills. Dr. Shattuck's recent research projects include the assessment of various HEV light blocking/emitting devices and their impact on circadian entrainment; a multi-ship project evaluating how manning levels on ships affect work hours and fatigue levels in USN Sailors; assessment of countermeasures to mitigate sleep inertia and manage stress.

Dr. Shattuck's work has resulted in sweeping changes to US Navy policy that now mandates the use of circadian-based watchbills and emphasizes benefits of crew rest practice. She is the recipient of the Department of the Navy Distinguished Civilian Service Award in 2018, the Service Navy Association Literary Award in 2013, the 2007 'Jimmie' Hamilton Award from the American Society of Naval Engineers (ASNE) for Best Paper, the Roland Calori Award for Best Paper for 2006-2007 in Organizational Studies journal and the 2006 Gary F. Wheatley Award for Best Paper from the International Command and Control Research and Technology.

Dr. Shattuck received her Ph.D. in Behavioral Sciences from the University of Texas School of Public Health.

Caring For Membership

members  **corner**

Featuring Fellow Rotarian Member

Terry Wecker



Terry Wecker, the second of seven children, was born on March 25, 1946, to Florence and John Wecker in Carmel, California. His father, John, was in the army and the family traveled to many different parts of the world until settling back on the Monterey Peninsula where Terry attended, Delmonte, Fremont and Junipero Memorial High School.

Terry met his wife, Angela (nee Mangiapane), in 1962 during his high school years. He always likes to joke that after they met he spent more time at Monterey High School, where Angela attended, then he did at his own school.

After high school Terry enrolled at Monterey Peninsula College. In 1966, just before completing his studies at MPC he was drafted into the army. He had basic training at Ft. Ord, during meningitis outbreak, AIT at Ft. Gordon GA., Military Police Academy, and Ft. Sill Oklahoma, but before being shipped to Vietnam, he came home to marry Angela in January of 1968. Terry served in the military police force while in Vietnam. After being honorably discharged, he returned home, attended the police academy and went on to serve as a police officer on the Pacific Grove Police Department for seven years.



The next career move for Terry was to open a recording studio (The Sound Foundation) in Napa, California where he and Angela lived for a few years before returning home to Monterey. Upon their return, Terry studied to become a real estate agent, then broker. This year marks his 44th year in real estate. He is the operations manager of Custom House Realty and Property Management. Terry and Angela are the proud parents of Nicole Wecker Amaral and A.J. Wecker. Their recent greatest joy in life is their grandson, Brenton, Nicole and Mike Amaral's son. Throughout his life Terry has given back to his community. He was a member of the Monterey Peninsula Jaycees for eleven years and was actively involved with putting on the annual Pebble Beach Rugby Classic tournament which was held on the Pebble Beach Polo Field. Afterward, he joined the Rotary Club of Monterey where he served an 11-year stint as secretary, attended district conferences, served as District Attendance and District



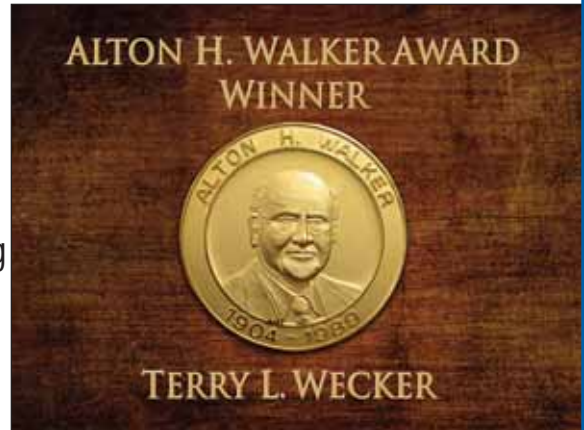


Secretary and various District Committee chairs. He also played for the Monterey Rotary baseball team. He and Angela have hosted the annual Rotary bus trip to the SF Giants game which is always sold out.

His children, Nicole and A.J., attended Monterey High School, and while there, were each in the school's band. Terry and Angela were unwavering in their tireless support and Terry served as president of the Monterey High Band Boosters for eight years.

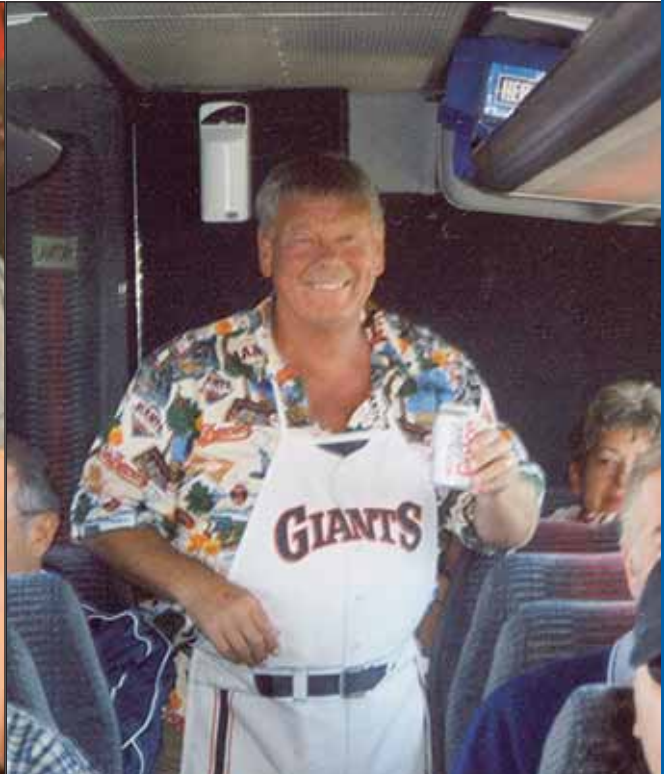
Other organizations Terry has been involved with are the local Babe Ruth Team and Pony Baseball (as a coach, manager & sponsor); the Compari Club of Monterey (where he served as president for two years); Gold Coast Rods Car Club (where he served as president for eight years); and he is also a member of the Italian Catholic Federation and Festi Italia.

Terry was awarded the Alton Walker Award by the Rotary Club of Monterey in 2018 for outstanding community service. Gateway Center of Monterey County, Inc. is the organization closest to his heart. Terry's father, John Francis Wecker, was one of the founding members of Gateway Center and also a previous recipient of this prestigious Alton Walker award making them the first father and son recipients.



Terry's younger brother, Johnny, who passed away at the age of 50, was born with Down Syndrome and, at that time, John Wecker Sr. saw a need for people like Johnny to have a place where they could learn and thrive rather than to be warehoused or institutionalized which then was a more common practice. Fast forward to today where Terry has served on the Gateway board for the past seventeen years and where the Wecker family continues to support this invaluable organization in honor of both their father, John, and brother, John Jr.

Since Terry has always loved classic cars and music it was a natural thing to put together an annual fundraiser for Gateway Center that features both, classic car show and music festival. This year the 14th Annual Monterey Rock and Rod Festival will take place June 18 and 19. The car show and live music festival features a Friday night Sock Hop and Saturday car show. The fundraiser has been able to bring awareness to the community about Gateway Center and their mission as well as to raise some much-needed additional funds. One hundred percent of the proceeds raised go to Gateway Center.



MARCH

Tuesday – 03/02 COG Meeting – 5:30 PM (Via Zoom)

Thomas Foscht – Graz Austria Rotary Club President

Thursday – 03/11 Board Meeting – 8:00 AM (Via Zoom)

Thursday – 03/11 Drea Blackwell – A Woman In Sports

Thursday – 03/18 Peter Hiller – Discovering The Art Of Jo Mora in Monterey County and Beyond

Thursday – 03/25 Capn. Clark Bone, USN, Ret. – Naval Strategy And Information Warfare

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