

# Rotary



## Club of Mt. Shasta

### Club Leaders



[Doug Carter](#)  
President



[Thomas F. Stienstra](#)  
President-Elect



[Gary L. Bostwick](#)  
Secretary



[Lorinda Forrest Meyer](#)  
Secretary



[Donna Boyd](#)  
Treasurer



[Audra Beylik](#)  
Public Relations Chair



[Kenneth Brummel-Smith](#)  
Membership Chair



[Mark Foster](#)  
Rotary Foundation  
Chair



[Kathy L. Morter](#)  
Club Programs Chair



[Heather Maria Solus](#)  
Past President



[Heather Maria Solus](#)  
Assistant Governor

### Mt. Shasta Rotary Meeting 01-06-2021

Wednesday, January 6, 2021

**Call to Order & Welcome**  
**Pledge of Allegiance**

**Guests/Visiting Rotarians:** none

**Thought of the Day:** Donna Boyd, who prefaced this quote by saying it is even more relevant today:

*In the midst of hate,  
I found there was, within me, an invincible love  
In the midst of tears,  
I found there was, within me, and invincible smile  
In the midst of chaos,  
I found there was, within me, an invincible calm.*

*I realized, through it all, that in the midst of winter,  
I found there was, within me, an invincible summer.*

*And that makes me happy.  
For it says that no matter how hard the world pushes against me,  
Within me, there's something stronger, something better,*

*Pushing right back.*

◆.Albert Camus

#### **Reports:**

Doug covered items discussed during today's board meeting.

- We are sound
- We are doing some research to support eh Mt. Shasta Ski team for dryland training
- Spousal membership is a go. We will roll it out through the membership committee headed by Ken Brummel-Smith
- The board voted on spending \$200 for Gallup Strengths Finder 2.0 for the Interact Club high school seniors
- We have come along way in the past six months, reaching a point where the emphasis in the club is in getting more people identified to get our brand out there via Rotary Corner and other venues

One thing Doug wanted to accomplish last February/March with Audra at a meeting - what would it take to have 100 positive references? He feels this will have an impact on the world around us.

#### **Announcements/Reports:**

Donna said we spent some time in the last eight months figuring out how to restart the work in Tanzania while being COVID savvy. This will not come from Rotary money, but Save the Rain has been paying 100% of salary this entire time. Some employees have been paid in commodities they can't grow ◆ oil, coffee, etc to keep them out of the markets as this is where the greatest risk of virus contraction can happen. Training will be underway to help start gardens to grow their own food. Save the Rain is starting to work again in the villages this year. We will finish Grant-6 within the next 5-6 months with integrity, making sure the communities are educated about COVID risk factors, the staff educated. We are a team ◆ Save the Rain and Rotary. We are moving forward to continue to serve the communities in a way that keeps our team safe. Donna will reach out to all participating Rotary Clubs to keep them updated.

Glenn hopes he can assume the Strengths Finder is approved and wanted to mention. Kathy and Glenn are trying to follow Molly and John to warmer climes. Mark Foster and Linda Stremel will continue with Interact while Glenn is away.

Donna said the district is looking for someone in the club to be a Polio Warrior. She said this person will keep the rest of us informed. Donna agreed to push to find the Polio Warrior for our club. Mark

Foster said he is the defacto Pollio Warrior for the club in his role. Linda S volunteered to take on this role as Polio eradication is one of the reasons she joined Rotary back in the 80s.

Kathy said we also talked about expanding our outreach. With programs we offer we can invite people to join us so they learn more about Rotary. We are looking for people to join our outreach team, participate in the administrative pieces and help manage a database. Renee's name has come up. Kathy invited Renee and others to join her and Tom S on this new committee.

Donna showed members a check for \$5,800 which we received from Giving Tuesday. This will help us do the work we do in the community. We also received another \$100 check from a gentleman in Weed who has donated previously.

**Program:** This week is about us.

Doug meets with financial planners twice per year asked them -What is the most positive thing that came from COVID 19? Family and friends, things are more simple, less distraction, better sense of focus.

He said he wants to learn more about each of us, what is important to us, what is working right, what we've accomplished thus far.

Kathy was inspired by Donna's reading of the Camu quote for this week's agenda. We have a sense of belonging in Rotary. She said she realizes she has a relationship with Rotary and it continues to grow. She shared a quote from Terry Tempest Williams:

A good friend of mine said, you are married to sorrow. I am not to married to sorrow. I just choose to not look away. And I think there is a deep beauty in not averting our gaze, no matter how hard it is, no matter how heartbreaking it can be.

Merle got his guitar out. He prefaced how he was inspired by conversations with Kathy some philosophical some spiritual. The conversation moved into song. Kathy still has qualms as to whether she is giving enough. Rotary is a means to be of service to the community. A song she thought of which reflects this as a blessing song is Always on my Mind by Willie Nelson. Merle proceeded to play and sing and it was fabulous.

Ken has two quotes:

Bahai quote: Possess and pure kindly and radiant heart that thine may be a sovereignty ancient, imperishable and everlasting.

Mark Twain When I was younger, I could remember anything, whether it happened or not, but I am getting old, and soon I shall remember only the latter.

Donna said she never thought she'd be the kind of person who would have a letter opener. She thought it would be something others would have and not her. When she graduated from college at 46. The baccalaureate speaker was Terry Tempest Williams who said You might not know the path ahead of you. Just take one step in any direction and then see where you are standing. Then take the next step. The reason she thought about the letter opener was when Lorinda brought her a pile of envelopes from the Rotary mail box, she realized she wouldn't be happy unless she used her letter opener. Then she found the \$6k check and the \$100 check.

Mike R wished everyone a good 2021. Couple of quotes, one which will be his quote for this year Live life and not your age. The other quote is from Zig Ziglar, Its not what you know or who you know, but who you are that finally counts. He also picked up one the first of the year. His son said, Dad, discomfort develops growth every time.

Linda S my wish for the new year is good health and more fun in 2021.

Lorinda read a piece she wrote on glasses being half full, half empty or full.

Doug asked us to think about something in our life which taught a lesson. Usually there is a story. Merle said like a lot of us friends or spouses get diagnosed with an illness. In this case it was misdiagnosed. He learned when something goes wrong, if this is the biggest problem I have right now, life is good.

Dale Carnegie started his work teaching public speaking. Doug took the course when he was 18 years old and it shifted his entire future.

Al would like to let Gary know that he is two pages from finishing a 750 page book Gary gave him back in July last year.

Glenn wanted to offer something in the theme of today's meeting which came in the Rotary survey. One of the questions was whether we saw our involvement in Rotary as a way to help in getting along with others. He really respects and admires how we can work together with people who may have different outlooks such as in religion and politics. We tend to run across people who are similar to us. His favorite part about Rotary is to work with people who set aside interests to work together towards common goals and strong communities.

Linda decided to renew her professional license. One element is an ethics course. At the end of the course the instructor quoted the Rotary 4-way test. It made her proud this part of our culture is revered and respected outside our organization.

**Happy Bucks:** n/a

**Marble Game:** Renee did not draw the blue marble

**The program next week** is CEO of Mountain Valley Health Centers. Shayna Cassidy is employed by them. They have seven centers in the area. Shayna will also address how they are doing with COVID and the vaccine.

### Birthdays

No Birthdays Found

### Wedding Anniversaries

No Wedding Anniversaries Found

### Years of Service



[Alisa Johnson](#)  
7 Years



[Gary L. Bostwick](#)  
2 Years

### Club Meeting

Mt. Shasta

Meets at Normally, Mt. Shasta Resort. Currently via Zoom. \* Please note first meeting of each month is an evening meeting at 5:30PM; same location

1000 Siskiyou Lake Boulevard

Mt. Shasta, CA 96067

Time: Wednesday at 12:15 PM