

Click **HERE** for a printable calendar of upcoming events!

Speakers

March 03, 2021

Amelia Rudolph, Founder of Bandaloop Dance Company "Performance in the Public Sphere"

March 10, 2021

<u>Carol Christ, Chancellor, UC</u> <u>Berkeley</u>

"Insights into Current Challenges and Developments at the University"

March 17, 2021

Drummer David Rokeach
March 24, 2021

State Senator Nancy Skinner

"State of the State"

March 31, 2021 Kate Collignon, Partner, HR&A Advisors

"Exploring the Pandemic's Long-Term Impact on Cities"

Events

No Events found

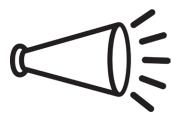
Birthdays

March 29th

Richard M. Betts
March 1st
Oscar H. Luna
March 3rd
Tina Etcheverry
March 6th
Terrence M. Regan
March 11th
Jonathan Y. Shindo
March 15th
Jon Allen Vicars

Club Announcements

By Linda Marlene Cogozzo



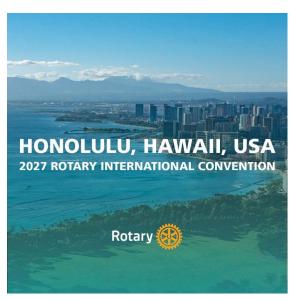
Wednesday, March 3, 2021, 12:30 pm (PST): The speaker is Amelia Rudolph, founder of the Oakland-based Bandaloop Dance Company (www.bandaloop.org). A pioneer in vertical performance, Bandaloop uses the sides of buildings as their dance floor! The speaker is provided by Team #12, Russian River (Beth Roessner and John Denvir, Team Leaders).

Ahoha! After canceling the 2020 international convention in Honolulu due to COVID-19, Rotary International is proud to announce that we will visit the Aloha state when we host our 118th convention in Honolulu on June 5◆9, 2027. Learn more:

https://on.rotary.org/2Nhhquz

Looking Back: Take a virtual tour of One Rotary Center to explore our history and visit Room 711, the location of the first Rotary meeting:

https://on.rotary.org/3jY20HH



Another Successful Zentangle Event - Next Event May 8th

By Tina Etcheverry



Thanks to everyone who attended our Zentangle event on Sunday, February 21, 2021. Two successes: We raised \$5,000 for Berkeley Rotary Endowment and we had fun!

Creating a work of art one pen stroke at a time left us with a sense of accomplishment and amazement. Best of all, we spent time together. Special thanks to art therapist Joyce Vives for leading us through the class, and to Rotarians Tina Etcheverry and Jocelyn Pittel for organizing it.

What s next? We re doing it again on Sunday, May 8, 2021, 3-5 pm, on Zoom, and

it s free! In honor of this pre-Mother s Day event, we re calling it a Friend-Raiser so save the date and invite your family and friends!

Vaccines and Immunity

By Richard M. Betts

Club member Tina Etcheverry drew on her Biochemistry PhD from Cornell and her 25 years leading process development at Genentech to help us understand the many immune system and vaccine topics in today so news. She noted that the immune system is an amazingly complex group of functions. And because the corona virus is new, no one in the world has any immunity to it, making this a world-wide experiment.

It starts with the two main types of immunity: innate and acquired. The innate system deals with infections for which you have no prior exposure, like the corona virus. The acquired system responds to infections you



have been exposed to before or for which you had a vaccine. Both use your white blood cells (the leukocytes) to seek and destroy invaders: germs, viruses, pollen, etc. They must recognize, bind, engulf, and destroy the invader.

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