



# Antioch Rotary Club



## Club Meeting

Antioch  
Meets at Lone Tree Golf Course  
& Event Center  
4800 Golf Course Road  
Antioch, CA  
Time: Thursday at 12:15 PM

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New Year](#)  
Published on 01/21/2020

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## Birthdays



Gina Azarnoush  
October 19th



Christine O'Brien  
November 2nd



Joseph Adebayo  
November 11th



Joel Harris  
November 18th



Martha Ellen Parsons  
November 29th



Michael Francis  
Gadams  
December 15th



Tirrell Muhammad  
December 19th

## Wedding Anniversaries

Christine O'Brien

**Important Club Announcements:  
See Flyer Below**



# The PolioPlus Society



As a Rotarian and supporter of Polio Eradication, **Rotary's Number One Priority**, I am participating in the Countdown to History as a member of the

## PolioPlus Society of District 5160

I hereby commit to making an **annual** donation to the PolioPlus Fund of The Rotary Foundation as follows (select one):

- \$100 USD per year (minimum amount to become a society member)
- A contribution of \$\_\_\_\_\_ per year to PolioPlus (more than \$100)

I pledge to help Rotary make history by continuing to contribute the above amount each year until the World Health Organization certifies that polio has been fully eradicated because ...

### *Until the world is polio-free, every child is at risk*

Society members will receive a PolioPlus Society membership pin, certificate and an End Polio Now bracelet...and your contribution qualifies for Paul Harris Recognition Points credit.

**To make your tax-deductible donation go to <https://www.endpolio.org/donate>.** You can choose a one-time donation of \$100 or more, or a recurring donation in the amount and frequency of your choice (We suggest \$10/month as the "easy way" to become a PolioPlus Society member.)

**Please – DO NOT SEND CHECKS OR CASH – YOU NEED TO MAKE THE DONATION YOURSELF**

Name (please print) \_\_\_\_\_ Date \_\_\_\_\_

Email Address \_\_\_\_\_ Club Name \_\_\_\_\_

Please email your completed form to Mike Crosby (MikePolioPlus@Rotary5160.org)

or mail to Mike Crosby 1713 Chardonnay Lane Brentwood CA 94513.

Your PolioPlus Society certificate, pin and bracelet will be presented at your club meeting to make sure you are recognized for your commitment to polio eradication.



November 2nd



Ana Cosovic  
December 24th



Lindy Maynes-  
Kolthoff  
December 24th

### Years of Service



Robert J. Gunson  
11-01-1974  
46 Years



Allan Cantando  
12-06-2007  
13 Years

Stacey Duckett D.C.  
12-15-2009  
11 Years



### This Week's Speaker

[Hilda Oldio Parham](#) - October 22nd

**OUR SPEAKER THIS WEEK:** Our Speaker this week is our own Hilda Oldio Parham, **Thursday, 10/21/2020 @ 12pm PST via Zoom. Line Opens up at 11:45am PST.** As many of you know, Hilda was named our Polio Warrior Person for our Club. And since we are dealing with Polio this month. There is no other person with as much personal experience as her

Hilda was born in Dallas to Costa Rican immigrant parents possessing high degrees of independence, resourcefulness and creativity. She grew up watching her mother create beautiful costumes for the Ballet Folklorico and her father design and create props for theater sets and department store displays. At the age of six, speaking only Spanish was sent to convent school run



Milanka Schneiderman  
11-15-2012  
8 Years



Sean Wright  
10-22-2015  
5 Years



Stephanie Anello  
10-06-2016  
4 Years



Ana Cosovic  
10-06-2016  
4 Years



Harry Thurston  
11-02-2016  
4 Years



Sandra White  
11-17-2016  
4 Years



Thomas Jenkins  
11-16-2017  
3 Years



Burton Milburn  
12-06-2018  
2 Years



Gina Azarnoush  
12-06-2019  
1 Year

by French Belgium nuns. With the help of very patient nuns, she acquired a love of history, literature, and language. From an early age, Hilda possessed a mighty streak of independence and a love for verbal communication. These skills made for abundant time spent in Penance Hall. Said Penance Hall consisted of being set to fine needlework by a retired nun while that nun read from ancient religious and literary tracts detailing proper comportment for young ladies.

By the time Hilda graduated she was fully bi-lingual, and an expert needlewoman. College brought new skills in communication and marketing. Those skills led to a long career, speaking in front of large groups teaching them how to navigate health plans, life insurance, retirement investment plans and other insurance or financial products. And then she retired. One day Hilda was invited to do a presentation about a trip she had been on. Afterwards, one of the attendees asked her to do the same presentation for a club he belonged to. That led to a second gainful career of public speaking. To speak, you have to know, so she also became a constant student. After 5 years of this, she retired she thought. In the second year of retirement she got a call from a friend looking for a speaker for The Fashion Institute of Design and Merchandizing, (FIDM). Her interests of costume, fabric, sources, weaving, sewing, history, culture, travel and politics led to five exciting years with FIDM. And then she retired from her third career and joined Rotary.

**You are invited to a Zoom meeting.**

**When: Oct 22, 2020 12:00 PM Pacific Time (US and Canada)**

**Register in advance for this meeting:**

<https://zoom.us/meeting/>

register/ tJikfuCgqjIsH9MX3WLuHk90TpUWDg YL9XBZ **After registering, you will receive a confirmation email containing information about joining the meeting.**

## Events

### October

22nd - [Antioch Weekly Club Meeting](#)  
Speaker: Hilda Oldio Parham

29th - [Antioch Weekly Club Meeting](#)

### November

5th - [Antioch Weekly Club Meeting](#)

12th - [Antioch Weekly Club Meeting](#)

19th - [Antioch Weekly Club Meeting](#)

26th - [NO CLUB MEETING THIS WEEK](#)

### December

3rd - [Antioch Weekly Club Meeting](#)

10th - [Antioch Weekly Club Meeting](#)

17th - [Virtual Club Christmas Party!!!!](#)

24th - [NO CLUB MEETING THIS WEEK](#)

## A Polio Minute For The 2020 New Year

Tuesday, January 21, 2020

Let's go back in time to the early 1950's when Frank Sinatra, Nate King Cole and Patti Page filled the airwaves. The time when polio was at its worst.

As reported in the book, Polio, An American Story, The public was horribly and understandably frightened by polio. There was no prevention and no cure. Everyone was at risk, especially children. Every summer, polio would come like the Plague. Beaches and pools would close. Children had to stay away from crowds. banned from movie theaters, bowling alleys and the like. Every stomachache or stiffness caused a panic. Was it polio? The worst for a kid were the awful photos of children on crutches, in wheelchairs and iron lungs. And coming back to school in September to see the empty desks where the children hadn't returned.

Can you even imagine this today? In America? No. But what about the two countries that still report new cases of polio Pakistan and Afghanistan? Think about it.

Back in 1955, April 12 th to be exact, word spread across America that the Salk vaccine was successful. Without cell phones, the internet or 24/7 news, people rose up together in celebration. As recounted, Church bells tolled and factory whistles blew. People ran into the streets weeping. President Eisenhower invited Jonas Salk to the White House, where he choked up while thanking Salk for saving the world's children an iconic moment.

It was like the stories we've heard and movies we've seen of the end of WWII. Imagine, for a moment, when Polio is eradicated world-wide. Imagine the stories you'll share with your grandchildren. As a Rotarian, you're making history.



In Pakistan, armed support during polio immunization drives.

## Antioch Rotarians Deliver "Pulse Oximeter" To Elders

By Tirrell Muhammad on Thursday, October 15, 2020



Antioch Rotarians stepped up to deliver "Pulse Oximeter" to elders with our allied partnership with Choice in Aging. Pulse oximeters are great indicators in COVID when the oxygen levels drop. Choice in Aging is a nonprofit agency serving the community for 71 years, they have a love for and deep commitment to elders - particularly frail elders. As an organization, their goal is to support everyone aging with dignity in the setting of their choice by providing the supports and services they need to do so.

Special shout out to Lindy Maynes, Paul Kiruuta & Milanka Schneiderman for making deliveries.

### REQUEST FOR MATERIAL

I am in need of material to publish in the newsletter/on the website. Please send ideas and articles to [michaelpohlrotary@gmail.com](mailto:michaelpohlrotary@gmail.com)

### Club Leaders



[Tirrell Muhammad](#)  
President



[Ana Cosovic](#)  
President -Elect



[Jacqueline Clarke](#)  
Secretary



[Graeme Darlington](#)  
Treasurer



[Michael Pohl](#)  
Public Relations Chair



[Paul Kiruuta](#)  
Rotary Foundation Chair



[Christine O'Brien](#)  
Sergeant-at-Arms



[Ron Parish](#)  
Membership Chair



[Milanka Schneiderman](#)  
Past President  
Club Admin Chair



[Thomas Jenkins](#)  
Club Service Chair



[Lindy Maynes-Kolthoff](#)  
iPast President



[Milanka Schneiderman](#)  
Assistant Governor

