

Club Meeting

Antioch
Meets at Lone Tree
Golf Course & Event
Center
4800 Golf Course
Road
Antioch, CA
Time: Thursday at
12:15 PM

In This Issue

[This Week's Speaker, First 5 of Contra Costa](#)

Published on
11/16/2021

[Warriors Night on December 3rd](#)

Published on
10/06/2021

[Antioch Rotary Club Adopts 9 Classes of 3rd Graders to Promote Literacy](#)

Published on
09/16/2021

[Antioch Rotary Club Sponsors Recycling Program with Rotary Cacak in Serbia](#)

Published on
11/02/2021

[Great Times on the USS Potomac](#)

Published on
11/03/2021

[2022 Antioch Rotary Club Bunny Hop 5K](#)

Published on
11/11/2021

Birthdays



Joel
Harris
November
18th



Richard
Yen
November
26th



Martha
Ellen
Parsons
November
29th

Wedding Anniversaries

No Wedding
Anniversaries Found

Years of Service

This Week's Speaker, First 5 of Contra Costa

Tuesday, November 16, 2021



Our speaker will be First 5 Contra Costa and we'll hear why literacy is so important during the first 5 years of life.

The first 5 years are the most rapid period of brain growth, with nearly 90% of brain development occurring by age 3. This remarkable growth happens in response to a baby's experiences. Experiences in the early years affect the physical structure of the brain and shape the capacities children will have for the rest of their lives.

Babies need stable responsive relationships with caring adults. Every time a parent responds to a baby's cries or needs, it builds trust and attachment and leads to healthy brain development. When this repeatedly doesn't happen, or if a child experiences toxic stress from exposure to violence, physical or emotional abuse, caregiver substance abuse or mental illness, chronic neglect, or the ongoing stress of growing up in poverty, it disrupts brain development.

Numerous studies confirm that effective early childhood programs can reduce the need for more expensive taxpayer-funded services, such as foster care, special education, and welfare programs. Further, children who attend high-quality preschool do better in school, are healthier, and earn more money as adults.

Investments in the early years when children's brains are developing and taking permanent shape are the best investments we can make.

Warriors Night on December 3rd

Wednesday, October 6, 2021

Join us for a District 5160 Rotary and Interact night of total basketball fun with our host for the night Miss Velma. Bring your family and friends to the Chase Center in San Francisco on Friday, December 3 at 7:00 PM to watch the Golden State Warriors take on the Phoenix Suns.

Give Velma a call (number on flyer) and get your tickets today. This is a Fun-raiser for all. Proceeds will go to Rotary and Interact programs.



Antioch Rotary Club Adopts 9 Classes of 3rd Graders to Promote Literacy

Thursday, September 16, 2021



The Antioch Rotary Board has decided to make a difference in literacy by adopting 9 - 3rd grade classes at Kimball, Turner and Fremont Elementary Schools. Each class is receiving \$300 from our club that will be earmarked for literacy; giving each teacher the ability to buy extra books for their classrooms.

The reason that we are focusing on these schools is that they have the highest need. These schools need our help: Kimball (55 students), Turner (64 students) and Fremont Elementary (62 students) for a number of projects. They have Samantha Liposko, our youth director has been in contact with Principals Christie Steiner, Sylvia Ramirez and Deborah Meylan to make these programs happen.

Here's some statistics about these schools:

- 181 Third Graders
- All Students are on Free or Reduced Lunch
- 30% or more are English as Second Language Learners
- 84% or more are Socioeconomically Disadvantaged

If we all do a little, we can make a difference. We will be developing a holiday program for these students too. For \$150, you can Adopt a Class yourself too.

Antioch Rotary Club Sponsors Recycling Program with Rotary Cacak in Serbia

Tuesday, November 2, 2021

Rotary Club Cacak, together with the Antioch Rotary Club, launched the ecological campaign **Guardians of Nature**. Activities will start at elementary schools. Professors will go to the schools and do presentations on recycling. These professors include: Vladislav Petkovic, Branislav Petrovic, and Momcilo Nastasijevic.

Cooperation has also been achieved with several recycling centers for electronic and other waste. Planned activities include: educating children in elementary schools, waste selection, tree planting and birdhouses installation. Our president, Ana Cosovic was born and raised in Cacak, Serbia.



Great Times on the USS Potomac

By Milanka Schneiderman on Wednesday, November 3, 2021



The USS Potomac cruise on October 30th in San Francisco Bay Area was a huge hit for the Rotarians that attended.

A big thank you to Sal Sbranti for the countless hours he spent organizing this event. Definitely a day with many great memories for all.

2022 Antioch Rotary Club Bunny Hop 5K

Thursday, November 11, 2021

Please join the Live, In-Person Bunny Hop 5K on April 16, 2022. Only \$30 per person. Link Below to Registration.



<https://runsignup.com/Race/CA/Antioch/AntiochBunnyHop5K>

We are so happy to be back to in-person events!!!

Spring time is going to be upon us and the Easter Bunny will have been training all winter to reclaim the age old tale against the tortoise. This year we invite participants to run like the Hare or pace yourself steady to victory like the tortoise. Participants will get a Finisher's Medal and guaranteed a Bunny Hop T-Shirt if you register before March 30, 2022. If you like to be part of community video please hash tag #antiochbunnyhop5k on your Instagram account or email your picture to bunnyhopphotos@gmail.com .

The Rotary Club of Antioch is a non-profit volunteer civic organization servicing the local community for over 74 years. Some of the projects include Girls Empowerment Project, Boys King Conference, Community Beautification, and Assisting Seniors in the Community with home repairs. The Bunny Hop 5k proceeds will directly go toward scholarships at the local high schools. If you would like to learn more about the Rotary Club of Antioch please visit www.antiochrotaryclub.com

Events

November

18th - [Antioch Weekly Club Meeting](#)

Speaker: First Five of Contra Costa

25th - [No Meeting -](#)

[Thanksgiving](#)

Speaker: No Meeting -
Thanksgiving

December

2nd - [Antioch Weekly Club Meeting](#)

Speaker: Home of the Sparrow, Emily Greene

Subject: Non-profit who specializes in empowering homeless women and children to become self-sufficient.

8th - [Blanket Making Party](#)

Speaker: None

Subject: The Antioch Rotary has purchased 100 blanket to be made and donated to homeless, foster youth and possibly veterans in Antioch.

3rd - [Rotary Warriors Night](#)

Speaker: Rotary Warriors Night

Subject: Fun evening with
District 5160 Rotarians and more

9th - [No meeting - Meeting on
Wednesday night instead](#)

Club Leaders



[Ana Cosovic](#)
President



[Ron Parish](#)
President-Elect



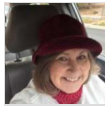
[Jacqueline Clarke](#)
Secretary



[Graeme Darlington](#)
Treasurer



[Paul Kiruuta](#)
Rotary Foundation
Chair



[Hilda Parham](#)
Sergeant-at-Arms



[Martha Ellen Parsons](#)
Membership Chair



[Thomas Jenkins](#)
Club Service Chair



[Samantha Lipisko](#)
Youth Services Chair



[Tirrell Muhammad](#)
Past President



[Milanka Schneiderman](#)
Assistant Governor



SERVE TO CHANGE LIVES