

Rotary



Club of Walnut Creek Sunrise



SERVE TO CHANGE LIVES

Club Meeting Place and Time

Walnut Creek Sunrise
Meets at Zoom -
Please e-mail
rcallaway@pdins.com
for the link

Walnut Creek, CA
Time: Wednesday at
07:30 AM

Events

September 8th
[Walnut Creek
Sunrise Weekly In
Person Club
Meeting](#)

September 15th
[Walnut Creek
Sunrise Weekly
Club Meeting](#)

September 22nd
[Walnut Creek
Sunrise Weekly
Club Meeting](#)

September 29th
[Walnut Creek
Sunrise Weekly
Club Meeting](#)

October 6th
[Walnut Creek
Sunrise Weekly
Club Meeting](#)

Birthdays

Richard L. Callaway
September 28th

Happy Birthday

By Barbara Feiereisel on Tuesday, August 31, 2021



Happy Birthday, to our immediate Past President, Scott (9/23), Jim Yoder(9/6), and Ric Callaway (9/28)! Thank you for your service to Rotary and your friendship. You all are vital members to our club!!

Sign up for Cleaner Contra Costa Challenge

By Barbara Feiereisel on Tuesday, August 31, 2021



**CLEANER
CONTRA COSTA
CHALLENGE**

In August we had the pleasure of hearing about the Cleaner Contra Costa Challenge from the founder of Sustainable Contra Costa, Tina Neuhasal. She encouraged and challenged us to sign up our households to form a Walnut Creek Sunrise Rotary Community Group and work together to find ways to be more sustainable, reduce our carbon footprint, and do what we can to care for the resources we have in our community.

So far, there are two members of our team. Let's go, Rotarians! Sign up here:

- Go to <https://cleanercontracosta.org/community-group/join/8853>
- Fill out the sign-up form to create a Challenge account
- You should see a page that says "Rotary Club of Walnut Creek Sunrise" at the top. This is your community group.

You will discover lots of suggestions and "plans" you can implement for your household that will save energy and money.

This month, the topic to focus on is your thermostat. Join the challenge and discover the recommendations they make regarding thermostat settings. Then, adjust that thermostat!

Help out at the CoCo Sustainable Farm

By Barbara Feiereisel on Tuesday, August 31, 2021



Weekly opportunities are available to help at the Contra Costa Sustainable Farm in Martinez. All food grown is donated to those in need. On Saturday, I joined several other volunteers at the Contra Costa Sustainable Farm in Martinez for a few hours of gardening. That morning with 7 volunteers, we harvested over 2,200 pounds of food that was picked up by White Pony Express and distributed that day to those who need it. It was hard work, but rewarding when the harvest was lined up and we saw how much food was harvested just that day! The farm is a teaching farm, so no gardening experience is necessary. They teach you what you need to know to help, plus answer any questions you have about the work they do or even tips for your own garden. There are opportunities for weeding, planting, and harvesting multiple times a week. It was a great service opportunity and I look forward to signing up to serve again. Check out their website and volunteer!
<https://www.salads4schools.org/>

Upcoming Programs

By Barbara Feiereisel on Tuesday, September 7, 2021

Last week Tara Bartholomew from Bay Area Crisis Nursery shared with us what her organization is currently doing and how they have adapted to community needs due to COVID for children and families in our community. BACN fills an essential need in our community and is doing great work despite not being able to have volunteers. Donations to BACN would be appreciated so that they may hire staff as needed to continue their work. Read on to find out who will be speaking at future meetings. On **September 15**, we will be joined by Bob Jehn who will be sharing with us about the Rotary Youth Exchange Program. One of our members, Jim Yoder, and his wife have hosted several students. Please join us to here about this great opportunity for youth and what part we can play in this great program. Also on that day, our District Governor Elect, Suzanne Bragdon will be joining us. Recently our club donated money for a District Grant written by the Rotary Club of San Ramon for Trinity Center. On **October 6**, the President of the San Ramon Rotary Club, Karen McNamara, will be sharing with us how that grant is helping Trinity Center and volunteer opportunities for us as Rotarians with Trinity Center. Please join us on Zoom to hear these speakers
Rotary is urging each Rotarian to invite and bring a friend to meetings Oct 18-22. Our weekly meeting that week is October 20 and we will be on Zoom. Do you have any ideas for a great program or know a dynamic speaker we could invite? Please let me know if you have any ideas or connections.

Continued Support for Tice Valley Residential Care

By Barbara Feiereisel on Tuesday, September 7, 2021



Volunteers are needed for October and November to take a gift or treat to the residents of Tice Valley Residential Care Center. Please let me know which month you would like to volunteer. Thank you!

Club Leaders

[Barbara Feiereisel](#)
President

[Scott MacDougall](#)
iPast President
Secretary

[Michael S. Ball](#)
Treasurer

[Dess A. Benedetto](#)
Assistant Governor