



The EastWestwind

Journal of the Rotary Club of Santa Rosa East — Crown Jewel of District 5130

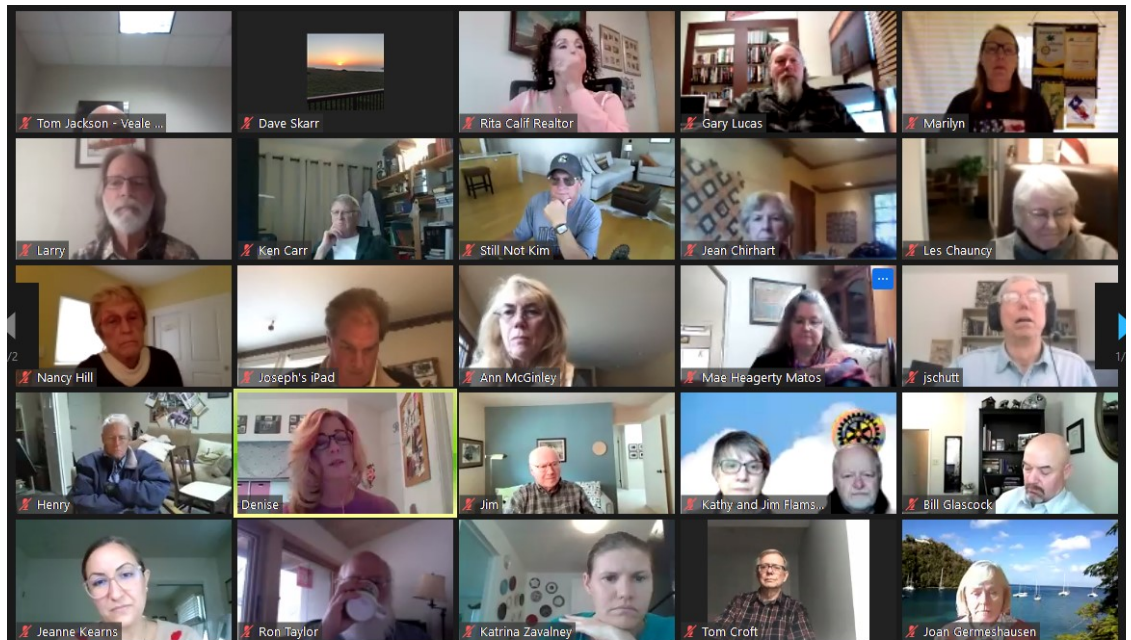
“Chiefs by 10 and 1/2”
Edition

January 26,
2021

President
Kim McDonald

Zoom Account
Number —
880 106 692

www.zoom.us



- Past President Tom J. fills in for quarantining Current President Kim McD.
- Visiting Rotarians included Mae Heagerty-Matos (West Club), Kathy and Jim Flamson (Calistoga Club), Gary Lucas (West Club), Louis Capuano (West Club) and Not Kim McDonald (West Club). Our guests were Jeanne Kearnes and our speaker Denise Redeker.
- Joe M. led us in the Pledge of Allegiance.
- Jeff S.’s Thought of the Day® comes from Baseball Executive Frank Lane . . . “If you want to see the sunshine, you have to weather the storm.”
- Larry L had an 1862 chart topper . . . “Battle Hymn of the Republic”



Program



Denise Redeker, Founder & CEO of Heart Help Foundation, A Heart Transplant Survivor and Counselor of Others

Denise Redeker spoke about her heart transplant and why she started the Heartfelt Help Foundation, a 501(c)(3) nonprofit. The Foundation aims to assist transplant recipients afford the full scope of recovery expenses, including housing, transportation, and home health which are not covered by insurance.

She believes the transplant recovery process is a crucial time that should be spent focused on recovery, rehabilitation, and achieving additional years with family and friends. Heart transplants are traumatic events that impact thousands of people each year in the US. Over the last decade, the list of candidates actively awaiting heart transplant has increased nearly 40%, signaling that the volume of people who undergo this intense surgery and recovery process will only increase over the coming years.

The Foundation's Website: <https://www.heartfelthelpfoundation.com/>

Next Meeting

February 2, 2021 at Noon via ZOOM

Club Talk: By Demian Bulwa, Managing Editor of the San Francisco Chronicle

Demian Bulwa oversees the news operation, including metro, politics, business, sports and investigative reporting, and co-hosts the 5th & Mission podcast. He is a former metro editor and longtime reporter at the paper whose chief topics included policing, civil rights, public corruption and big-wave surfing.

Awards & Recognition

Bulwa led coverage of the 2017 firestorm in Wine Country that was awarded the Scripps Howard Award for breaking news.





Club News

- ◆ The votes came in for *Rotary Club of Santa Rosa - East/West* as our tentative new name.
- ◆ There were no birthdays or anniversaries.
- ◆ Nancy H. and Hap C. both had \$10 Happy Dollars for their COVID shots.
- ◆ Joan G. had \$35 for her shot.
- ◆ Tom J. had \$10 HD for his wife's COVID shot and \$500 for his RI/Paul Harris.
- ◆ Bill C., Ann McG., and Rita A. rang the bell for their RI/Paul Harris contributions.
- ◆ Julie M. announced that the Peace Pole Project grant was approved. The project is being lead by students and faculty at the schools.
- ◆ Larry L. received thank-you notes from the Roseland University Prep scholarship winners.
- ◆ Larry L.'s offer still stands! He will match your RI/Paul Harris contribution with a donation to his RI/Paul Harris until April 1, 2021, up to \$5,000.



Rotary
District 5130



**NORTH COAST
ETHICS IN BUSINESS
AWARDS**

<https://www.rotary5130.org/ethics/>

In case you were wondering . . .

Last week's speaker mentioned the need for organ donors. If you would like to become an organ and/or tissue donor. Click [here](https://www.organdonor.gov) for more information.

[organdonor.gov](https://www.organdonor.gov)