

Rotary



EASTWIND



Newsletter of the Rotary Club of Santa Rosa East

The Crown Jewel of District 5130

April 2, 2019 meeting

Edited by: The Mighty Casey at Bat 



Acting President
DAN DRUMMOND

Get Going, Guests & Sunshine

“Play Ball!” Many of us S.R. Easters are elated that it is finally baseball season. **Acting President DAN DRUMMOND**, an avid **World Champion Boston Red Sox fan**, opened the meeting and called on **DON CLIVER** to lead the flag salute. **DENNIS SEPP** went Eleanor Roosevelt on us for a quote: “A woman is like a tea bag-you can’t tell how strong she is until you put her in hot water”. *The Natural* (baseball movie) Song Meister **LARRY LIRA** led the throng, naturally in: *Take Me Out To The Ballgame*. Next it was time for introduction of guests. **ANDY SCHEXNAYDRE** introduced his mother Tricia Schexnaydre. **JAN WELCH** introduced realtor Emily Rainsford and our guest speaker Lea Goode-Harris of Creative Labyrinths. **JOE MAURER** introducing for the absent **RITA ALONSO**, her guest and prospective member Vanessa Frost. **LARRY LIRA** introduced the familiar Linda Aldrich of The Pony Express. **JEAN CHIRHART** stated that **RODGERS BROOMHEAD** was in the hospital. A post meeting update is that **RODGERS** has a blood infection and is in skilled nursing at Spring Lake Village and will be getting infusions through 4/13. A get well card went out to **RODGERS**. **LARRY LIRA** stated that **GEORGE BATCHELDER** is in rehabilitation from back issues, recovering at his Spring Lake Village home & can now see visitors & take phone calls. ☺



S.R. East Rotarians, others attend movie screening & fundraiser for International Projects on 3/29

There was a nice gathering last Friday evening at the Arlene Francis Center for the Arts at an event coordinated by the S.R. East International Committee: **KATRINA ZAVALNEY**, **BARRY COGBILL**, **JULIE MONTGOMERY** & others. There was Nepali cuisine provided by Curry Without Worry, (founder Shrawan Nepali speaking about his organization above left), there were inspiring youthful singers for pre-film entertainment, refreshments and wine, a silent auction with array of different items, many donated by Rotarians, (most silent auction items were purchased by our own **DAN LAMBERT**), and there was a Q & A with the film maker of *Daughters of the Curved Moon*, Sophie Dia Pegrum, who described filming this documentary over 4 years, which depicted the lives of women living in Nepal mountain villages. **BARRY** updated the gathering on Rotary international development projects in Nepal, Africa and beyond.

Announcements

JEAN CHIRHART stepping in for recovering **GEORGE BATCHELDER** solicited sign-ups for meeting set-up/greeter and take down. Please contact **JEAN** to help our Club out for these necessary meeting tasks. **MARILYN LIRA** reminded it was not too late to sign up for the District 5130 District Training Assembly this Saturday April 6th from 8:30 AM to 1 PM (includes breakfast and lunch) at the Finley Center in Santa Rosa. The Club will reimburse Club Members to attend. **SUE BISBEE** had her 16th anniversary with the Club!

Stories from Costa Rica

3 Santa Rosa East Rotarians including **KIM McDONALD** and husband David, **MIKE HOGAN** and wife Pam and **BRIAN REED** and wife Alison, along with 2 other couples just spent the last week in March in Costa Rica redeeming a Live Auction item from the 2018 Santa Rosa West Rotary fundraiser. **KIM** gave a brief summary of their trip, with fines to be assessed when all are present. The scary news was that **MIKE HOGAN** nearly drowned, swimming in the ocean and was rescued by his friend also on the trip. Perhaps **MIKE** will tell the story, if he is willing....The group stayed in a villa on the hill and **KIM** described Costa Rica as a unique and beautiful country. The beaches had rocks and nearly everyone, in the party of 10, had abrasions from rocks. Also it is difficult to travel with a party of 10 but they did, even though the roads were poor. They even traveled by air in a ten seater plane. They cooked many of their own meals and worked together as a group. There saw monkeys, iguanas and other different wildlife. There is surfing, fishing and scuba diving (which they did not do), which may bring **KIM** and David back as he is a scuba diver. More “stories” I am sure with a laugh, wink and a smile when **BRIAN** and **MIKE** return to a Club Meeting to tell their tales of the adventurous week in Costa Rica.

Rotary Club



Santa Rosa East

RAFFLE and some Major League Baseball Opening Day Trivia



It was **DON ALLISON** who had a chance for **\$414** in non-taxable take home winnings. Instead some red wine for **enjoyment**. It was Tokyo, Japan as the site of the first Major League Baseball opener outside of the New World. Then Boston Red sox pitcher and future New York Yankee, Babe Ruth threw a 3 hit shutout against the Yankees on Opening Day in 1917. Sandy Koufax (the first 3-time Cy Young Award winner), only made one Opening Day start for the Dodgers. Tom Seaver is the pitcher who make the most Opening Day starts. Bob Feller was the only pitcher to pitch an Opening Day no-hitter for the Cleveland Indians. Hank Aaron tied Babe Ruth for the all-time lead in Major League Home Runs on Opening Day April 8, 1974.



A BIG \$2,500 CHECK to Linda Aldrich of Pony Express, a local equine therapy farm for youths



Linda shared a story on two young sisters without parenting, having endured a medical battle with cancer for one sister, The Pony Express provided joy, confidence building & normalcy for the girls

\$UnhappyDollar\$HappyDollar\$Birthday\$Event\$

Acting President DAN DRUMMOND, sporting a **Boston Red Sox** cap at the podium, was a sad attendee of Monday night's Oakland Athletics/Boston Red Sox game which the Athletics won 7-0, so **DAN** contributed 7 unhappy dollars. **KEN MOHOLT-SIEBERT** celebrated his April 1st birthday by building fences on his fire destroyed home and vineyard property. He was joined by wife Melissa, daughter Lucy and her girlfriend. **KEN** recalled the story from his mother of her angst of having her baby being born on April Fool's Day, well it happened. **HALP CULP** was happy that **KEN MOHOLT-SIEBERT** was born on April Fool's Day! **DENNIS SEPP** followed through on what happened for his wife Carol's birthday which was celebrated by not cooking for 3 nights. The **SEPPS** had dinner with the **ALLISONS**, the **CULPS** and other friends. **DENNIS** was happy to hand pick a special box of chocolates for Carol, sounds like **DENNIS** enjoyed the chocolates as much as Carol. **JAN WELCH** had a fantastic birthday with her husband Norm and many close friends. **JAN** said it correct: "You do not age, you just increase in value!" & made it a **\$BELLRINGER\$** **JOE MAURER** stepped in for the traveling **BARRY COGBILL** with **\$Happy Dollars\$** for **KATRINA ZAVALNEY**, **JULIE MONTGOMERY** and prospective Rotarian Jill McIntyre for all planning and carrying through on a successful movie screening and fundraiser last Friday night, 3/29. **BARRY** also wanted to recognize **IVAN ASTUDILLO** and **KATIE NEALON** from Santa Rosa Printing for making International Project brochures and **KEN MOHOLT-SIEBERT** for donating Ancient Oak wine served at the event. The same **KATIE NEALON** had a **\$Happy Healthy Dollar\$** as she was plagued last week with strep throat. After some rest, she is now recovered! 😊



CREATIVE LABYRINTHS

Today's Speaker: **Lea Goode-Harris PhD**

JAN WELCH introduced Lea Goode-Harris PhD of Creative Labyrinths. Lea provided a background and explanation of how for some, labyrinths provide soothing therapy which enlightens and heals. The word labyrinth comes from the Greek labyrinthos and describes any maze-like structure with a single path through it which differentiates it from an actual maze which may have multiple paths intricately linked. Popularity for labyrinths has surged since the 1990's and there are now numerous claims to the origins of these walkabouts. History of labyrinths goes back over 2,000 years, with many traces to various parts of the world, notably the Mediterranean islands of Sardinia, Cyprus and Crete. The Labyrinth of Crete is the most famous found rooted in Greek mythology in the story of Thesus, prince of Athens and contains an image of Minotaur, the famous half man/half bull creature. Lea noted one local popular labyrinth destroyed in the 2017 Fire was at the Angeles Therapy Center in the Fountaingrove area. For more information on Creative Labyrinths: [CLICK HERE](#)

Programs coming up at our Santa Rosa East Rotary Tuesday meetings:

- April 9th Bret Gave, The Santa Rosa Chamber of Commerce
- April 16th **KEN MOHOLT-SIEBERT**, Update on Rebuilding Efforts
- April 23rd Michael R. Juric EdD, Rotary Friendship Exchange