

Rotary



Club of Springfield, Oregon

February 17, 2021

Club Meeting

Springfield Rotary Club
Meets at Hilton Garden
Inn
3528 Gateway Street
Springfield, OR
Time: Wednesday at
12:00 PM **ZOOM IN!** We
are a **SINGING CLUB**

Club Leaders



[Bruce K. Webber](#)
President



[Deborah S. Knechtel](#)
President-Elect



[Elizabeth B. Degner](#)
Secretary



[Michelle Webber](#)
Treasurer



[Julie Smith](#)
Membership
Chair



[Tamalyn R. Fitch](#)
Rotary
Foundation
Chair



[Deborah Sue Bennett](#)
Bulletin Editor
CCO-Club
Communications
Officer
Public
Image/Relations
Chair



[Elizabeth T. Beyer](#)
Youth Services
Chair



[Jeff Lovell](#)
Club Admin
Chair

President's Message

By Bruce K. Webber

Have you ever heard of National Tater Tot Day; Bubble Game Day; Fettucine Alfredo Day; Cabbage Day? These are just a few of the hundreds of ♦Holidays♦ recognized on nationaldaycalendar.com. While several of these celebratory days have to do with food, I am bringing attention to National Random Acts of Kindness Day which occurs on February 17th.

Founded by Josh de Jong of New Zealand, National Random Acts of Kindness day is gaining in popularity and is celebrated by individuals, groups and organizations nationwide to encourage acts of kindness. While February 17th is dedicated to Random Acts of Kindness, being kind is something we should practice every day. During this time when so many are feeling the impacts of isolation and uncertainty, this is a great opportunity to reach out and just say we are thinking of you. We hear of paying it forward in drive thru♦s but here are some other suggestions to randomly show kindness:

- Leave a kind note for someone, no explanation needed.
- Share words of encouragement. You never know who might need them.
- Put your skills to work for someone in need. For example, offer to create a r♦sum♦ for someone seeking a new job.
- Drop off a load of groceries at the local food pantry.
- Mail a ♦thinking of you♦ card to someone you♦ve not talked to in a while.
- Send a thank you note to the local fire department, police departments or any military personnel.

I hope you will all join me in showing a random act of kindness today.
Bruce

Weekly Program - February 17

Speaker: **Bob Pearson**

Topic: Ending the trend of chronic disease

According to the CDC, 3 out of 4 deaths are now from heart disease, cancer, and diabetes.

Description: We will cover simple easy inexpensive ways to tip the scale in our favor, increasing our probability of long term health.

Weekly Meeting (Recurring) Zoom Link

The following zoom link will now be used for all future weekly meetings beginning February 10, 2021 thru June 30, 2021. Bruce will no longer be sending weekly emails so please connect to weekly meetings using the link provided here.

[Join Zoom Meeting](#)

Meeting ID: 856 2268 6549

Passcode: 162120

One tap mobile

+16699006833,,85622686549#,,,,*162120# US (San Jose)

+12532158782,,85622686549#,,,,*162120# US (Tacoma)

Dial by your location

+1 669 900 6833 US (San Jose)



Gino Grimaldi
Club Service
Chair

+1 253 215 8782 US (Tacoma)
+1 346 248 7799 US (Houston)
+1 929 205 6099 US (New York)
+1 301 715 8592 US (Washington DC)
+1 312 626 6799 US (Chicago)
Meeting ID: 856 2268 6549
Passcode: 162120

Find your local number: <https://us02web.zoom.us/j/85622686549>



Bruce Mackey
iPast President



Aimee Renee Walsh
Assistant
Governor

Service Committee Seeks Assistance

By Bruce K. Webber

Human trafficking is a problem including Lane County and the I-5 corridor. The Service Committee discussed and approved researching options to partner with other community agencies to address this in our community. At this time, Randy Lodge is pursuing Rotary International resources and Rae LaMarche is looking at local resources. If you would like to help with this, please contact Rae, lamarcher@comcast.net (541-343-1036).

Meeting Inspirations - Who and Sign-up Please

By Ronnel Curry

Feb. 17 -- Beth DeGeorge
Feb. 24 -- Vonnie Mikkelson
March 3 -- Ronell Curry

Let's all stay connected and encourage each other. Sign up to give a meeting invocation. It could be just the words a fellow Rotarian needs to hear! Stay healthy! Stay positive! Don't be shy, please contact Ronnel Curry at ronnel.curry@gmail.com with the date(s) you are able to contribute to the meeting with your opening words!
Thank You!

Happy Bucks Reminder

By Elizabeth B. Degner

Please mail your Happy Bucks check(s) to:

Springfield Rotary
PO Box 55
Springfield OR 97477

Keep up with District 5110

What's going on in the rest of [Rotary District 5110](#)? Click [here](#) to find out.

WHAT'S NEW IN SPRINGFIELD? VISIT THE CHAMBER OF COMMERCE



For information about activities and events in Springfield, check out the [Springfield Chamber of Commerce](#). [Click here for more information.](#)

The Four Way Test

Speakers

February 17, 2021

Bob Pearson

Ending the trend of chronic disease

February 24, 2021

Bruce Mackey and Bob Schutte

Bruce and Bob will share stories of their experiences in Alaska

Events

No Events found



1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
4. Will it be **BENEFICIAL** to all concerned?

Recurring Meeting Schedules

Committee	Day	Time	Location	Contact
Board Meeting	Third Tuesday	7:30 am	ZOOM	Liz Degner
Service Project	Second Monday	12:00 pm	ZOOM	Gino Grimaldi
Club Administration and Programs	Second Wednesday	1:00 pm	ZOOM	Jeff Lovell
Membership/Social	Second Monday	7:30 am	ZOOM	Julie Smith
TRF	Second Wednesday	1:00 pm	ZOOM	Tammie Fitch
Youth Services	First Tuesday	6:00 pm	ZOOM	Elizabeth Beyer
Public Relations	First Wednesday	1:00 pm	ZOOM	Debi Bennett

Birthdays - Coming Up



[Mary Bridget Smith](#)
February 25th



[Robert Schutte](#)
February 27th



[Patty Schulz](#)
February 28th



[Brian Corcoran](#)
March 4th



[Carol I. Houde](#)
March 5th



[Melinda Handy](#)
March 8th



[Jo Ann Henderson](#)
March 9th



[Sean M. VanGordon](#)
March 17th



[Deborah S. Knechtel](#)
March 19th