4-WAY FIVER Rotary

SERVICE ABOVE SELF

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FOR MEMBERS - BY MEMBERS

PRESIDENT'S MESSAGE

Veteran Rotarians Know Service Above Self



There have been continuing stories in the news locally and around the world about the shortage of front- line workers and the bad conditions they face. Since early last year, the pandemic brought unwelcome attention to health services staff being in precarious circumstances without adequate protections against a thenunknown enemy called coronavirus.

Shortage of skilled staff continues in varying degrees today, with a lack of effective "ammo" (vaccine) until a year into the battle, while all along the lines of attack, brave staff and volunteers have stood ready to help their communities despite grave risks to themselves.

Sound familiar? This week, on the eve of Veterans Day, we honor our military veterans who likewise often faced daunting, life-threatening dangers while performing their assigned jobs. Among us, we have at least one WWII veteran, one Korean War veteran, several Vietnam veterans and a few veterans of the Iraq-Afghanistan wars. An estimated 22% of our club members served in uniform, compared to 7.3% of all American adults who have served. For our veterans who served during active conflicts, rarely were any afforded enough training or back-ups, although some were highly skilled in specific operations. From electronics technician to sniper, infantry to medic, no job carried a guarantee of being returned safely home.

It's a safe bet that no one considered themselves to be heroes for making it home, or that they were in it for the glory or the paycheck. Yet, despite being asked to perform selflessly in the dispatch of their assigned duties despite risks or under poor conditions, each would step up again if needed.

Given the selfless nature of our club members who have served here at home or around the globe, it's no wonder you all make AMAZING Rotarians!

On behalf of the club, thank you for your military service. We're honored to work with you today. ~ Pres Ty

WEEKLY MEETING SCHEDULE

November 11, 2021 Weekly Gathering HYBRID Meeting

Monthly Business Meeting, New Member Inductions

November 18, 2021 Weekly HYBRID Meeting Speaker - Renae Staley, The Giving Plate

HOLIDAY SCHEDULE (No Meetings):

November 25, 2021 THANKSGIVING December 23, 2021 CHRISTMAS EVE EVE December 30, 2021 NEW YEAR'S EVE EVE

Get Your PHF Game On

Roll dice and plunk \$5 per square down on our club's latest way to earn a Paul Harris Fellow award with the Ducks vs Beavers game score. Well, it's not really the

football game itself, but this year's score in the Oregon vs Oregon State football game will determine who wins \$500 cash and 500 matching points thrown in for an instant PHF award!



Why are we doing a

game board? To raise funds for The Rotary Foundation. How does that benefit our club? Through grant programs, a portion of donations contributed within each district come back to the club in the form of project funding. Depending on the program, approved projects may be at the local level (think "Gift of Literacy" for one of our own examples), or may be part of a global grant project (i.e. SMILE, a program that provides surgical corrections for children born with cleft palates).

WIIFM (What's In It For Me)? As Rotarians of Action, our club's donation performance measure gets a boost and the lucky Rotarian who purchases the winning square will get recognition in the form of a Paul Harris award!

Featured Member Profile John Meyer

One word could pretty much sum up club member John Meyer's motivation to be in Rotary: outreach. He loves the work our club does to show appreciation (like Breakfast at Brown) and give back (like helping the Veterans Ranch). Good thing, then, that he has some height and long arms, because John's passion for community service means he



reaches out in a number of ways and through several organizations to serve Redmond and beyond.

Born into a big family (the youngest of eight) and raised in northern Idaho, John had the chance as a young kid to work with older brothers involved in a whitewater rafting company in central

Colorado. He went back every summer for twelve seasons. While spending summers working for the Christian-owned company, he earned his degree from the University of Idaho in Moscow in 2004.

He kept up with the seasonal job for another four years before moving fulltime to Colorado. After going to work for an organization called Young Life, John found there a calling to help people do more than safely navigate whitewater rapids. It was during his time in Texas that John went to work in his first Edward Jones brokerage firm.

He moved to Redmond in 2011, familiar with the outdoor recreation central Oregon offered. He met his future wife Kristen that same year through the church they both attended in Bend, then were part of a small congregation formed by the same church in Redmond. John and Kristen were married a few years later, and remain active members of the Grace Bible Church of Redmond. The congregation has grown from around 20 members to more than 400 in the same time John's family has doubled (with another baby on the way!).

It's pretty clear how this dad feels about his two girls, MacKenzie (age 3) and Brynn (age 1), from the frequent news John shares at club meetings. You can hear his excitement about the baby boy now in development and due in mid March. He and Kristen share parenting duties, particularly when she's working on her certification in biblical counseling, while John also juggles his various nonprofit roles that have accumulated since moving to Redmond. In addition to being active with Redmond Rotary in roles that include helping with event planning and social committee tasks, John serves on the boards for

the Chamber of Commerce, Redmond Executive Association and WaterCup Counseling, a Christian-based nonprofit therapy service. John remains active as a volunteer Area Director for Young Life, also a Christian organization aimed at helping middle school through college-aged youth find meaning, fun and how to get the most out of life.

Whether John is managing his business accounts, playing Santa in a Young Life fundraiser, coaching basketball or serving his family or community, there's no question John knows how to get the most out of life. As a man who is geared to action, his arms are likely to get longer by the day, no doubt from all that outreach!

Looking for Leaders

From a business perspective, conventional wisdom holds that frequent turnover in an organization comes with significant costs. How is it, then, that Rotary International at all levels - club, district, zone and international -



undergoes a sea change annually on July 1 without disrupting the continuum of good work and projects that are in various stages of planning and execution?

The short answer is that Rotary has a strong system of preparing leaders for their roles well in advance. Formal training and experience gained from hands-on involvement in roles that support the top positions at each level ensure smooth transitions when performed as planned. After all, as Rotarians, we are motivated to act in ways that are "beneficial to all concerned". Pretty good start for taking on a role to motivate others.

Our club needs members willing to fill roles large and small. President Elect Joe Kosanovic is preparing for his year as club president, but there are board positions and committee/event roles where members can step in and have an immediate impact on the club's ability to fulfill its objectives. We all have skills and interests that could be the key to next year's successes.

So, what are you waiting for? Sign up today to learn a new club role, ask how to serve on a district committee, or say YES to an offer of leading a committee or project. All roads lead to more effective Rotary clubs and beyond. Who knows, maybe the next RI President-Elect Nominee Designate will be from our very own club! Will you step up to the plate?

DGN Nelson Maher



Who has read our new District Governor Nominee Designee's Rotary bio? Nelson is already active in a big way in our D5110 committees. Find out about this Greater Bend Rotarian who will lead us in a couple of years: https://www.district5110.org/wpcontent/uploads/Nelson-Maler DG-Rotary-Bio-2024-2025.pdf

The D's Have It

Daddy Daughter Dance prep is in full swing, as reported by iPresident Keever at last week's meeting. Keever is heading up the 10 or so members currently signed on to organize the February event, complete with a chosen theme of "Diamonds and Denim".



This event, canceled last year due to the pandemic, brings together the opportunity to raise money for the club's causes while offering families an evening to remember. Keeping the participation costs down and quality of experience up are key to the event's success.

There will be plenty of sign-up sheets circulated as the event draws closer and details of the activities and set-up are determined. It's an evening not to be missed. Mark your calendars and stay tuned!

Now THAT'S Punny!

Did you hear about the guy who started up a bunny farm? It was a hare-raising experience.....OK, OK. Aficionados of



word humor have long suffered from lack of appreciation for the clever pun, not just delivered in joke form, but as a part of everyday conversation. This editor has endured plenty of groans and eye rolls from those who just can't get behind corny jokes, which severely limits this Husker's repertoire of

humorous observations at times.

Yet there are dozens of movies in our collective memories that have taken puns to a new art form, aided by music scores that accentuated a well-delivered phrase. Think of Danny and Mel in the Lethal Weapon movie series. "Nailed 'em both" comes to mind, as expressed by Glover after dispensing with a couple of bad guys with his nail gun. If it

weren't for well-timed saxophone riffs that cued us in, think how many similar deadpan lines would have been gone undetected.

This month's Rotary magazine contains an essay lamenting the lack of respect suffered by punners. It's a must-read, in my humble opinion. Kevin Cook delivers some quality entertainment, and for some of us, salve to sooth our disregarded funny bones.

Ready for the tease? One of his examples of real-life newspaper headlines: Super Caley Go Ballistic, Celtic Are **Atrocious**. Now, go read the article for that back story! Available online through your My Rotary portal or starting on page 22 of the November edition.

What's Cooking |



This season, it's good to have a flexible dish that can be customized to ingredients on hand or readily available at the store, given continued supply chain issues. Here's a time-tested fav for that harbinger of fall cooking: winter squash!

Stuffed Acorn Squash

Cut squash in half, remove seeds, butter cut sides with butter or coconut oil. Place cut side down on baking sheet, bake 30 minutes at 400 degrees F. Remove pan from oven and flip to cut-side up. Fill with mixture of cooked ground meat (hot Italian sausage is a household favorite here), cooked vegetables of choice, one can of tomato sauce and seasoning as desired, about a cup per side. Continue baking until filling is heated through and squash is cooked. If desired, add grated cheese for a few minutes until melted.

There are infinite variations for the filling. Do you like Italian? Add rosemary, oregano and garlic to the seasoning. Feel like Tex Mex? Add some chili powder and cumin, include corn in the filling and add some green chilies to the mix. Vegan? Some cooked rice and pinto or kidney beans, fresh cilantro, nutritional yeast and some dried dill, tarragon and a bit of chili oil (trust me) will provide some kick with substantial sustenance. Bon Appetit!

Save these Dates

Put these dates in your calendars for quality fellowship time and sometimes raising dough for our club projects!

December 18, 2021 Club Christmas Party February 19, 2022 Daddy Daughter Dance April 28/May 1, 2022 D5510 Celebration May 12, 2022 Sips for Soles Virtual Wine-tasting Event

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