



Monmouth Independence Rotary Club Weekly

Thursday, August 6, 2020 ~ 12:00 noon

Club Officers

President: Ramon Martinez

President Elect: Barbara Hogan

Past President: Laurel Sharmer

President Nominee: ??

Secretary: Kati Weyer

Treasurer: S. Newland

Directors: A & J Oppliger

Newsletter Editor: Janet Chenard

PR News Releases: Al Oppliger

Membership Chair: K. Johnson

Exchange Program: Bob Archer

Interact Club Leader: Patty Nevue

Foundation Chair: Ed Dover

Peace Program Chair: Bonnie Ross

Sergeant at Arms: Ben Stenge

Web Master: Jim Birken

District Governor: Jo Crenshaw

Assistant Governor: Doris Towery

Via ZOOM phone-web conference in the comfort of your
home or office while social distancing appropriately

Zoom M-I Rotary - Meeting Link Info

Topic: M-I Rotary Zoom Meeting

Time: This is a recurring meeting (use this EVERY week)

Join Zoom Meeting

<https://zoom.us/j/94300462911?pwd=SVRXQkFDb2J6a3llek1RY2FaMnlsUT09>

Meeting ID: 943 0046 2911

Password: 1212 – note only needed for first time login.

Quote of the Week

“As long as I live, I’ll hear waterfalls and birds and winds sing. I’ll interpret the rocks, learn the language of flood, storm, and the avalanche. I’ll acquaint myself with the glaciers and wild gardens, and get as near to the heart of the world as I can.” John Muir (1838 - 1914) ~ He was America’s pioneer conservationist; born in Scotland. Muir’s longstanding relationship with Oregon began in the 1870’s when he became interested in the forests and glaciers of the Cascade Mountains. He first hiked and camped in the Pacific Northwest in 1888, visiting the Columbia River Gorge, Multnomah Falls, the Cascade Mountains and Crater Lake, as well as climbing Mount Rainier in Washington. In his book, *Steep Trails*, he described Mount Hood as the “ruling spirit of the landscape”..

[Editorial note: thanks to Jayne Oppliger for the above quote – as the beautiful summer month of August seems appropriate for a theme of “the great outdoors” - more appreciated than ever during these COVID times.]

“Our mission is to promote fellowship, service, high ethical standards, world understanding and peace through the works of local business, professional and community leaders.”



Last Thursday at our Zoom meeting we discussed at length the frequency with which we might have an occasional outdoor gathering like we did for our annual celebration two weeks ago, because it was so nice to see our non-Zoom colleagues. Given ongoing pandemic concerns, it was decided to wait till at least the end of August to review the idea. Barbara Hogan also gave a great trade talk on her work at the Senior Center.

ROTARY INTERNATIONAL CAUSE – PROMOTING PEACE (article below, the first of the six causes this newsletter will focus on, is excerpted/paraphrased from the International Rotary website):

Today, over 70 million people are displaced as a result of conflict, violence, persecution, and human rights violations. Half of them are children.

Rotarians refuse to accept conflict as a way of life. Rotary projects provide training that fosters understanding and provides communities with the skills to resolve conflicts. To create an environment of peace, as a humanitarian organization, is a cornerstone of the Rotary mission. We believe when people work to create peace in their communities, that change can have a global effect.

By carrying out service projects and supporting peace fellowships and scholarships, our members take action to address the underlying causes of conflict, including poverty, discrimination, ethnic tension, lack of access to education, and unequal distribution of resources. A commitment to peacebuilding today answers new challenges: how we can make the greatest possible impact and how we can achieve our vision of lasting change. The concept of peace is approached with greater cohesion and inclusivity, broadening the scope of the meaning of peacebuilding, and finding more ways for people to get involved. Rotary creates environments where peace can happen through its members acting as Practitioners, Educators, Mediators and Advocates. For more info on the Promotion of Peace, please go to the International Rotary website here: <https://www.rotary.org/en/our-causes/promoting-peace>

What is Rotary beyond its six main causes that are being discussed above?

We Connect People ~ 1.2 Million members and 35,000+ clubs

Rotary unites more than a million people: Through Rotary clubs, people from all continents and cultures come together to exchange ideas, and form friendships and professional connections while making a difference in their backyards and around the world.

We Transform Communities ~ 16 Million volunteer hours each year.

We take action locally and globally: Each day, our members pour their passion, integrity, and intelligence into completing projects that have a lasting impact. We persevere until we deliver real, lasting solutions.

We Solve Problems ~ 2.5 Billion children immunized against polio.

No challenge is too big for us: For more than 110 years, we've bridged cultures and connected continents to champion peace, fight illiteracy and poverty, promote clean water and sanitation, and fight disease.

Our Local Leadership:



Josephine Crenshaw
District Governor

6700 SW 105th Ave, Suite 314
Beaverton, OR 97008
Rotary District 5100



--Doris Gene Towery,
Assistant Governor
<https://isrotaryforyou.com/>



Ramon Martinez, Club President
Monmouth-Independence Rotary Club
<http://mirotaryclub.org/>
<https://www.facebook.com/Monmouth-Independence-Rotary-Club>

20-21 THEMES: International = “Rotary Opens Opportunities”

M-I Rotary = “Unidos” [United/Together]

Wondering what to do with all those frozen strawberries you bought at our fundraiser?

Here is an amazing, healthy recipe that works well to use them and you will love:

Rhubarbstrawbapple Crisp

Topping

¾ cup quick-cooking rolled oats (also works with old-fashioned oats if that's what you have on hand)
¼ cup whole wheat flour
¼ cup packed brown sugar
½ tsp-ish ground cinnamon
3 Tbsp melted margarine/butter (or Vegan Melt)

Fruit

3 cups peeled and sliced tart apple (Granny Smith or crisp Fuji work well)
1 ½ cups strawberries (can slice them – I put them in whole since they were frozen)
1 ½ cups chopped rhubarb
½ cup brown sugar (I cut this in half and found it equally good)
2 Tbsp orange or lemon juice
1 ½ Tbsp corn starch

Preheat oven to 375 degrees. Combine all topping ingredients in a medium bowl until mixture resembles coarse crumbs, then set aside.

Combine all fruit ingredients in a large bowl, mix well, and let sit 10-15 minutes.

Spray a shallow 8 X 11" baking dish with non-stick spray. Pour in fruit and spread out evenly. Sprinkle topping over fruit. Bake, uncovered, for 35-40 minutes, until fruit is tender and topping is golden brown. Best served warm or at room temperature.

COVID-19 International Perspectives

It is easy to get caught up in all the trials and tribulations of how the novel coronavirus is impacting us here in the United States or just in Oregon – but with Rotary's international focus on "fighting disease" we should also be aware of how hard it is hitting the rest of the globe. Two countries in particular that have been in the news lately are:

- 1) India (<https://www.cnn.com/2020/07/18/opinions/india-coronavirus-failures-opinion-intl-hnk/index.html>)

India's pandemic situation may actually be scarier than that of here at home, even if its statistics don't look as bad "on paper". Positive cases per day have grown from 8,100 in June to more than 32,000 in July. The death count has risen in the same period from 5,600 to about 25,000. While this seems relatively low (along with the fatality level) based on deaths per million people, the problem becomes apparent when looking at the level of testing. At an average of only about 9 per 1,000 tests conducted, this contrasts with 128 tests per 1,000 in the US. Some attribute fewer deaths to India's younger demography – but more alarmingly it might be explained by gaps in the registration of deaths. Per the most recent government figures, about a fifth of all deaths in India are not registered and less than a quarter are medically certified.

- 2) France (<https://www.nytimes.com/2020/05/19/style/face-mask-burqa-ban.html>) – now that President Macron has declared a 135 Euro fine for those not wearing masks according to a new law, this flies in the face of other laws banning wearing ANY kind of face or head covering in France, which also attract fines. So the population faces the potential dilemma of being fined whatever they do – hopefully common sense will prevail, and maybe there will be a cultural-easing post COVID?



The iconic Mona Lisa sporting the legally required face mask of the current times.

Interested in club flexibility? Here are some ideas to help you get started.

- ◆ 3 ways flexibility is paying off for clubs
- ◆ Satellite clubs thrives
- ◆ Rotaractors help Rotary clubs grow
- ◆ Online meetings draw younger members
- ◆ Corporate memberships add to club's roster

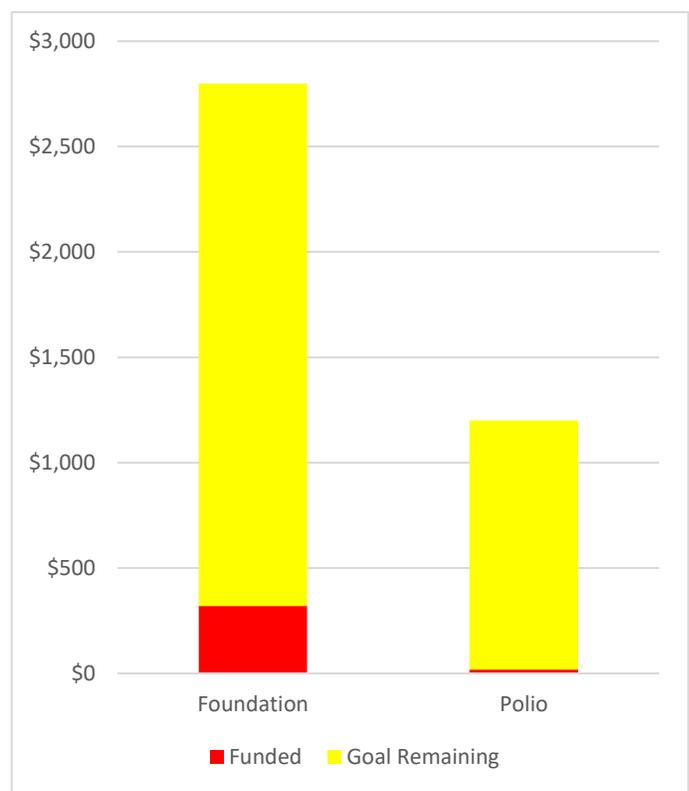
Go to the Rotary International website (Rotary International <https://www.rotary.org/>) for more info on how to grow our club.

Rotary International Foundation 2020/21 Annual Goals

25 Members giving an average of \$100 per member equals \$2500 per year.

Received as of July 9th: \$320
Average per person ~ \$11

| Rotary Foundation Stars 2019/20 | Rotary Foundation Stars 2020/21 |
|---------------------------------------|---------------------------------------|
| John Hasbrook | John Hasbrook |
| Karin Johnson | Karin Johnson |
| Sandy Newland | Sandy Newland |
| Ram Sil | Ram Sil |
| Ed Dover | |
| Janet Chenard | |
| Al Oppliger | |
| Jayne Oppliger | |
| Morris Johnson | |
| Bob Archer | |
| Ben Stange | |
| Paul Sieber | |
| Jim Birken | |



Polio Plus 2020/21 Goal

Goal: ~\$1,200

YTD = \$18/Avg per person= \$0.64

Polio Plus Stars

Laurel Sharmer

Peace Program

Year to date = \$0

Serving Our Club in the coming weeks

| Date | Trade Talk and/or Programs | Flag Salute (?) | Invocation (?) |
|---------|--|-----------------|-----------------|
| Aug 6 | Megan Patton-Lopez, WOU Community Health | Sandy Newland | Paul Doellinger |
| Aug 13 | Ben Stange / Ben Meyer | Jim Birken | Ramon Martinez |
| Aug 20 | Bob Archer / Bonnie Ross | Paul Sieber | Bob Archer |
| Aug 27 | Emma Delgado / Jim Birken | Barbara Hogan | Paul Doellinger |
| | | | |
| Anytime | | Paul Sieber | |



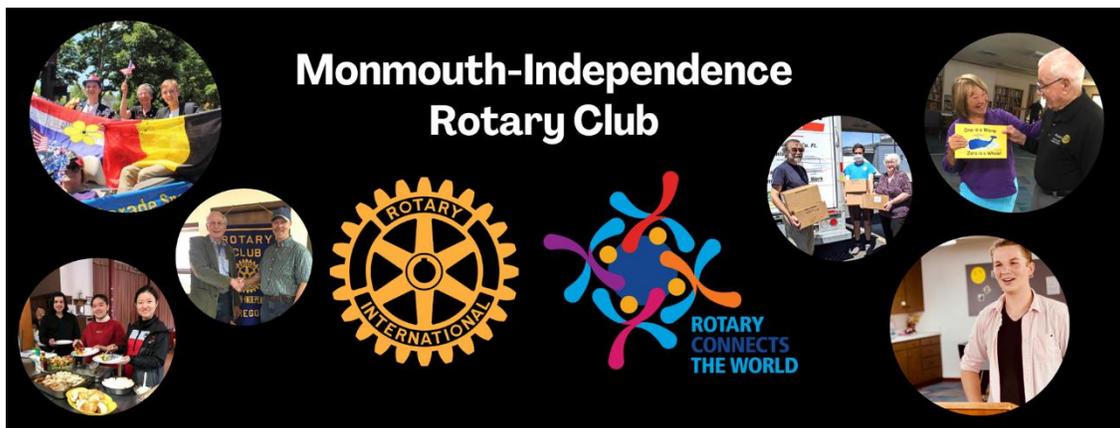
The Four Way Test

of the things we think, say and do

1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
4. Will it be **BENEFICIAL** to all concerned?

Program Coordinators

| | |
|---------------|-----------------------|
| January 2020 | Janet Chenard |
| February 2020 | Karin Johnson |
| March 2020 | Barbara Hogan |
| April 2020 | N/A - COVID |
| May 2020 | N/A - COVID |
| June 2020 | N/A - COVID |
| July 2020 | N/A - COVID |
| August 2020 | Chuck Thurman |
| Sept 2020 | Trade talks continue? |
| October 2020 | |
| November 2020 | Paul Doellinger |
| December 2020 | |



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