

Rotary



Club of Vancouver Sunrise

Club Meeting

Vancouver Sunrise
Meets at Heathman
Lodge
7801 NE Greenwood Dr.
Vancouver, WA 98662
Time: Friday at 07:00 AM

Speakers

October 30, 2020
[Halloween Happy Hour](#)

November 06, 2020
[Larry Rhodes](#)
Maternity and Neonatal
Medical Care in Uganda

November 13, 2020
[Home Coming](#)
Past members coming
to visit

Birthdays

Larry Bair
November 12th

John E. Marks
November 14th

Brandon C Campbell
November 25th

Years of Service

Michelle B. Howell
09-24-1993
28 Years

Shelly Palmer
10-01-1997
24 Years

Connie Leinaala Grenz
09-09-2011
10 Years

Club Leaders

2020 Rotary Virtual Institute, Zones 26 & 27 Big West

By Jerry Rhodes



November 12-14, 2020

Come experience the best virtual Rotary event of the year!

I got this message this week:

You and your Club members are invited to join us for a two and one-half-day virtual event with a spectacular line up of speakers, entertainment, education, special events, fellowship, and a virtual House of Friendship!

[Read More](#)

Our program this week:

Tuesday, October 27, 2020

Masks are so cliché in 2020, that we thought we'd go another direction for our Zoom Halloween social. And being as how it is 2020, and winter is coming on, how about thinking about our favorite holiday comfort libations. What is your favorite beverage for special winter occasions?



So let's share them this Friday at our gathering. Be ready to share your recipe with us. You can even write it down and copy and paste it into the Zoom chat window. Maybe Ken will share his famous Glogg recipe. But we'd understand if he wants to keep secret his family secret.

Be prepared for other surprises.

Food and coat drive results

Tuesday, October 27, 2020



Good job, Sunrisers! Jane and Kristen report that the collection day at Jane's house brought in 42 winter coats from 10 Rotarians, and 300 food items totaling 240 pounds. (Here's a hint on the weight: Make a Costco trip and grab some of those six-cans-to-a-package items for which Costco is famous.) That brings us to roughly 450 pounds of food this year.



Jerry Rhodes
President



Mark J. Doar
President-Elect



Francois R Wevers
Secretary



Michelle B. Howell
Treasurer



Mark A. Carter
Membership Chair



Katherine H. Morris
Club Programs Chair



Shelly Palmer
Immediate Past President



Susanne Holmberg
Assistant Governor

We won't have a great deal of days available for collection in the next couple of months because of the holidays. But that's also the reason why food donations are so important these months.

Does anyone want to volunteer a place and a date in November for our next collection?

District 5100 Wilf Fire Relief Grant

Tuesday, October 27, 2020

From AG Susanne

Good afternoon -

You may have already heard that Rotary District 5100 was awarded with a \$25,000 grant to assist families who have been affected by the recent fires. This special grant will be administered by the district and families will soon be able to apply for up to \$1,000 to purchase tools or educational materials.

Call for action: if you know of anybody who has been personally affected by the Big Hollow Fire, please send them our way.

Clubs can also financially contribute to the \$25,000 grant by donating to the West Linn Rotary Foundation: Fire Relief Fund, PO Box 442, West Linn, OR 97068

Thank you very much,

Susanne



Toastmasters courses offered to Rotary members

Tuesday, October 27, 2020



From Rotary magazine, November 2020

Last year, Rotary formed a strategic alliance with Toastmasters International. As part of this collaboration, Toastmasters has developed a Structured curriculum of communication and leadership courses for Rotarians and Rotaractors. The eight online courses are available in English in

the Learning Center. (Some are now offered in other languages; the complete curriculum will be available in all of Rotary's primary languages by early 2021.)

The titles are:

- Develop a Speech
- Deliver a Speech
- Inspirational Speech
- Interpersonal Communication and Networking
- Leadership Basics
- Leading a Team

- Leadership: Collaboration
- Building Consensus

These courses are designed to enhance communication and leadership skills and offer a robust framework for learning through self-assessment, independent study, applied learning, and peer evaluation.

Participants will begin with a self-assessment to evaluate their knowledge of and comfort with, the skills covered in each course. After reviewing the study materials, which include videos and interactive modules, they will put what they've learned into practice by completing an assignment, such as preparing and delivering a speech, or volunteering to lead a service project or committee.

As part of the process, participants will find someone to evaluate their performance and provide feedback, which will allow them to reflect on their successes, and discover any areas for improvement.

Learning new skills through the Toastmasters curriculum can enhance many personal and professional endeavors, and applying them within Rotary and Rotaract will help strengthen our clubs and our impact as an organization.

Get started in the [Learning Center](#).