



Wednesday, August 25, 2021

### Club Meeting

Vancouver Sunrise Meets at Heathman Lodge  
7801 NE Greenwood Dr.  
Vancouver, WA 98662  
Time: Friday at 07:00 AM

### Speakers

**August 27, 2021**  
[Happy Hour: Heathen Brewing Feral Public House](#)  
**September 03, 2021**  
[Mayor Anne - state of the city](#)  
**September 17, 2021**  
[No meeting: ALS WALK on Sept 18](#)

### Birthdays

Walter F. Denkers  
September 6th  
François R Wevers  
September 9th  
Kristen L. Parcher  
September 21st

### Years of Service

Mark S. Martel  
05-01-1987  
35 Years  
Brady Lander  
04-18-2003  
19 Years  
Katherine H. Morris  
04-07-2017  
5 Years  
Elaine Huber  
04-23-2021

## Dolly Parton Imagination Library

Wednesday, August 25, 2021

Last week's meeting: Dolly Parton Imagination Library coming soon to Southwest! Washington!



## Next week: Happy Hour social, and DG Jim Boyle

Tuesday, August 17, 2021

1 Year  
Kevin Scott Alvord  
04-23-2021  
1 Year

## Club Leaders



Mark J. Doar  
President



Katherine H. Morris  
President - Elect



Francois R. Wevers  
Secretary



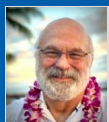
Michelle B. Howell  
Treasurer



Mark A. Carter  
Membership Chair



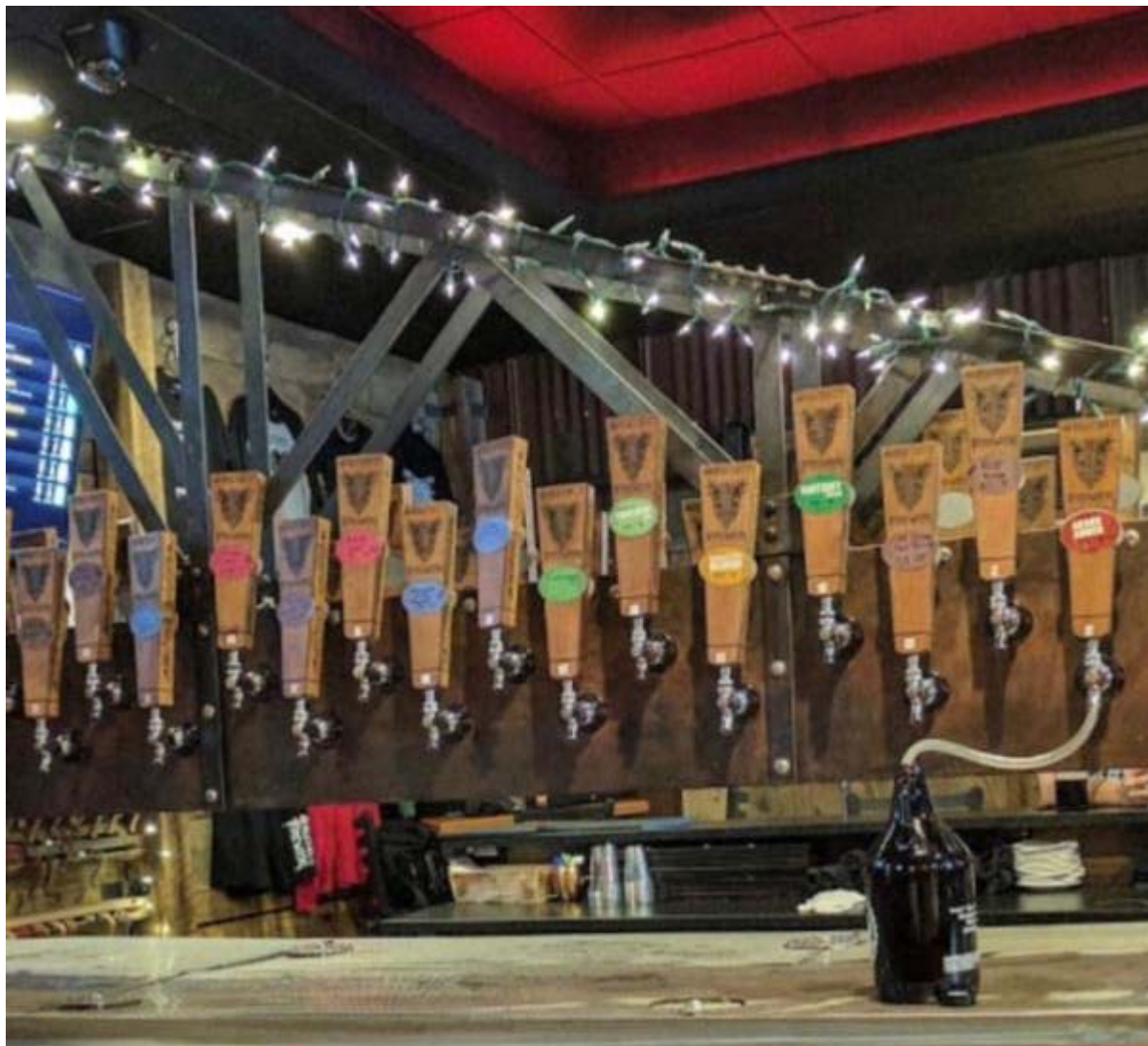
Richela Avedon-Grantz  
Webmaster



Jerry Rhodes  
Immediate Past President



Susanne Holmberg  
Assistant Governor



Join us next week for Happy Hour, 4:30 p.m. Friday, August 27, at [Heathen Brewing](#) ♦ [Feral Public House](#), in downtown Vancouver.

Our special guest will be Jim Boyle, District 5100 governor for 2021-22.

The address of the Feral Public House is [1109 Washington](#).

Jim is from West Linn, has been a Rotarian for 15 years and ♦ a bit of trivia ♦ he has sponsored 32 members. He ♦s also challenged us to tell our own Rotary stories for the District 5100 Rotary Story Slam.

Since it ♦s a social gathering with no set agenda, we ♦ll have a lot more opportunity to visit with Jim and wring every good idea from him to grow our own club.



## You can do it: ALS hike

By Jerry Rhodes on Wednesday, August 25, 2021

On Sept 18, our official meeting for the week will be the Hike to Defeat ALS at Silver Falls State Park, Sublimity, Oregon.

Perhaps you believe you can ♦t do it. I was having doubts myself, whether I could do the half marathon distance, which, being on a trail, might be a little bit harder than 13.1 miles on flat pavement.

It turns out I probably can.

This newsletter is a bit skimpier than usual, because I am on the road. As you read this, I am



in Frisco, Colorado, travel trailer parked at the home of a friend.

Yesterday, we went on a hike. Coming from a relatively flat city a lot closer to sea level than Frisco's 9,000+ feet, I pled to be treated easy. So here is what we did: 12 miles, 2,200 feet climb, 2,300 feet descent, rough, rocky trails hard to climb and treacherous to descend. All at 8,000 to 10,000 feet elevation.

I ache all over, but I did it. That makes me believe I can handle the 13.1 mile ALS hike. And that you, too, can do whatever distance you choose.

Here are the details:

There are two trail hikes ♦ 7.2 miles and 13.1 miles ♦ and a 2.8-mile, paved, accessible walk.

- 13.1 Mile Hike: 9 a.m. start time
- 7.2 Mile Hike: 9:30 - 10:30 a.m. start time
- 2.8 Family Hike: 10:30 a.m. start time
- Lunch will be served from 11:30 a.m. - 1:30 p.m.

The ALS Society asks that each adult participant raise \$150 for this event. If you can't make it, please support your fellow club members who are by pledging to the cause. As of this morning, our team had pledged the third highest amount of all teams.

You can register or donate here: [2021 Hike to Defeat ALS - ORSWW - The ALS Association](https://www.als.org/2021-hike-to-defeat-als). Look for Schaffers ♦ Striders.

Remember: There will be no meeting on Friday, Sept. 17.

## UPCOMING EVENTS

Wednesday, August 25, 2021

- **August 27, 4:30 p.m.** ♦ Happy Hour, Heathen Brewing Feral Public House, with special guest, District 5100 Governor Jim Boyle, 1109 Washington Street

Zoom Channel:

<https://us02web.zoom.us/j/86111822894?pwd=S2NWWUdiVkVPVWhKS0FiY1E1T3BZUT09>

Meeting ID: [861 1182 2894](https://us02web.zoom.us/j/86111822894)

Passcode: 061042

- **September 3, 7 a.m.** ♦ Vancouver Mayor Anne McEnery Vogel, Heathman Lodge
- **September 10, 7 a.m.** ♦ Evergreen Habitat for Humanity, off-site, location TBA
- **September 17** ♦ No meeting
- **September 18** ♦ Hike to Defeat ALS, Silver Falls State Park, Sublimity, Oregon. Start times vary.