



**SERVE TO
CHANGE LIVES**

University District Rotary Club Bulletin

Wednesday, October 27, 2021



PH: (206) 542-7070

PO Box 31125, Seattle, WA 98103

Raymond Connell, President

Meeting Location

Seattle Yacht Club
1807 E. Hamlin St.
Seattle, WA 98112

To join via Zoom:

[https://us02web.zoom.us/j/87528482798?](https://us02web.zoom.us/j/87528482798?pwd=MINva2dodXZJM2NZjZsbWhjYzNiZz09)

[pwd=MINva2dodXZJM2NZjZsbWhjYzNiZz09](#)

When: Fridays

Lunch: 12:00-12:30 pm

Business: 12:30-1:00 pm

Program: 1:00-1:30 pm

Future Programs

Nov 5

Reflections from Veterans

Nov 12

Noemi Gatica, Consul-General of Guatemala

Nov 19

Dr. Ben Danielson and Mark Wright

Nov 26

No meeting-Thanksgiving

Links

Club Photos

Club Facebook Page

Club Website

DACdb

District 5030 Website

Club Bulletin Deadline

Monday at 2:00 pm

Send ads & photos
in .jpg

Send material to:

paulalaschober@gmail.com

Program for October 29

Kathleen K. Davis, M.D.— *The Rotary Foundation*

NOTICE: PROOF OF VACCINATION IS REQUIRED TO ENTER SYC



Dr. Kathleen Davis is member of the Ballard Rotary Club and Chair of the District 5030 Grants Committee. Over the last 10 years, she and her husband have been working in Guatemala supporting clean water and sanitation, ventilated indoor cooking stoves, and primary school education for rural indigenous populations with Global and District Rotary Grants.

She has also worked with women with devastating birth injuries in Africa for over 15 years, now with the Worldwide Fistula Fund.

Kathleen is a retired internal medicine physician with over 30 years experience in clinical medicine, public health, health education, and evaluation of education and clinical programs.

In addition to teaching in US hospitals, Kathleen and her husband, Chris, have taught medicine as guest faculty at hospitals in Uganda, Cambodia, Bhutan and Laos.

Kathleen and Chris have two adult children, a son who is a former US Army Captain in the Special Forces, now a student at WASU Medical School, and a daughter in Vermont who is a gemologist, selling beautiful jewelry while trying to keep two grandchildren in line!

2022 Fundraiser (by *President-Elect and Fundraiser Chair Jeff Werthan*)

RCUD's Annual Fundraiser has been scheduled for Friday, March 25, 2022. Details will follow, as we have updated information and we have had the opportunity to evaluate public health conditions.

This is your Fundraiser - every RCUD member is part of the fundraiser and has an obligation to participate in some manner. There is a saying in Fundraising: TIME - TALENT - TREASURE. Each and every one of us in RCUD can contribute to at least one of these categories. If your category is Treasure, then give from your heart. If your category is Talent, let me know what you do well and we will utilize your abilities. If your category is Time, let me know. We have a Fundraising Committee that meets monthly and we can use you. Remember that all dollars raised will become part of the Service Fund and will fund club projects next year.

It's not too early to begin thinking about what you can contribute for our auction. Do you have frequent flyer miles you're not using? How about donating your vacation home/condo for a week? Do you have a boat or golf club membership that could be included in a donation? Think outside the box - what do you like to do? Send your ideas to Jeff at jmwdog@gmail.com.





Two New University Rotarians Inducted October 22, 2021 *(text and photos from Rosemary Aragon)*



Dieudonne Mayi ("Mayi") is sponsored by Ben Abe and hails from Cameroon.

Mayi is an IT consultant—a Principal Data Engineer Consultant for Slalom Consulting. As a data engineer, he designs (architects) and builds data platform solutions for clients including Fortune 500 companies. Translation: (1) **building data pipelines** to pull data from various enterprise sources (databases, data warehouses, flat files, streaming); applying business logic and data quality; then storing data in databases or data warehouses, for business applications (e.g., web applications, business intelligence and analytics) AND (2) **building data repositories** (databases, data warehouses) (*what we call "backend" in jargon*).

He has more than 20 years of professional experience in the IT industry: 12 years for Microsoft and eight years of consulting in data engineering with Logic 2020 Inc and now Slalom Consulting.

He holds a Master of Science in Computer Engineering along with an MA in Political Science from Portland State University. He also holds a 5-year degree in Industrial Engineering from the ENSPY (National Polytechnic School of Engineering) in Cameroon.

What brought him to the US from Cameroon? He came here to pursue a PhD in Computer Engineering at Portland State, through a scholarship from the Cameroon Ministry of Higher Education and USAID. Due to the lack of transfer of credits between Cameroon and the US, he was required to complete an MSc in Computer Engineering before starting the PhD program. He took a break from his PhD pursuit to work professionally and support his family and relatives back home. At one point he thought about returning to Cameroon to help change the corrupt political system there. But, supporting his family was more important.

Mayi is now, once again, pursuing his PhD in Information Technology: from Walden University's online academic program. He will start his dissertation research mid-2022 and aims to graduate in 2023.

He is married to Bibi, whose brother was one of Mayi's schoolmates in Cameroon. They have three sons, Christian (33), Jean-Marie (30), Dieudonne Jr (23). They have one adorable grandson, Langston (3), who was born with a basketball in his hands, according to Mayi. Christian is a financial advisor at Morgan Stanley, lives with his wife Adrionna and son Langston in Newcastle, WA. Jean-Marie is a professional soccer player in Europe. Dieudonne Jr is a pharmacy technician living in Kent with his parents.

I asked Mayi how he and Ben Abe crossed paths. They met over 10 years ago, when serving on the Board of the African Chamber of Commerce Pacific Northwest. Says Mayi: "We have been friends since then."

I asked WHY ROTARY? The causes about which he is passionate?

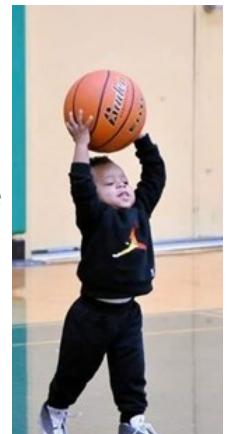
His parents were both farmers. He says that education made him what he is today, and allowed him to raise his own family, come to the US, become US citizen and have a successful career. He believes education is key to development and to reducing poverty. That means helping educate children in Cameroon and Africa



(with computer education and school). He also wants to improve water and sanitation, empower women, and help peasant farmers to boost food production. He believes that Rotary can help him in those endeavors.

Mayi also shared that his first name—Dieudonne—is a common boy's name in Cameroon and means "God given" or "Gift of God."

(continued on next page)



Langston



Two New University Rotarians Inducted October 22, 2021 *(continued)*



Jim Rechten is from Missouri and his sponsor is Dale Hicklin.

Jim spent the last 35 years teaching and training physicians at Michigan State University in East Lansing. Three of those years were spent in a residence program at the University of Michigan Hospital in the field of Physical Medicine and Rehabilitation. *Asking yourself, exactly what is Physical Medicine & Rehabilitation? It's the specialty that treats non-surgical neuro-muscular-skeletal injuries and diseases and rehabilitates patients who have suffered catastrophic injuries or disease losses of function in those areas (for example, spinal cord injury and/or strokes, and progressive diseases like amyotrophic lateral sclerosis (ALS)).*

Michigan State University has two medical schools, an M.D. granting college and a D.O (Doctor of Osteopathy) granting college. Jim worked for both colleges. Over a 13½ year period, he was the Chair of four departments: the Departments of Physical Medicine and Rehabilitation, Osteopathic Manipulative Medicine, Biomechanics, and Anatomy. In both Physical Medicine & Rehabilitation and Osteopathic Medicine, he encountered financially troubled programs. But he was able to right the ship and left both on a stable basis. Oh, he also taught Biomedical Materials in the College of Engineering at MSU. Looking at his academic and professional experience leading to Michigan State, you can see a good fit. Now retired, Jim is a Professor Emeritus at MSU.

Jim is an Osteopathic physician. He received that degree from the A.T. Still University, Kirksville College of Osteopathic Medicine, the oldest Osteopathic college in the US. He holds a PhD in Materials Science from Northwestern and a BS in Metallurgical Engineering from Purdue. Osteopathy emphasizes the structural integrity of the body in relation to health and he was well prepared in the science of structural relationships via his engineering background. In fact, his first position at MSU was with engineers working side-by-side with osteopathic physicians, trying to develop some of the basic science of the musculo-skeletal-neurological systems of importance in medicine. Prior to medical school, he worked on nuclear energy at the Argonne National Laboratory near Chicago. When President Nixon decided that all energy in the US would be based on carbon technologies (coal and natural gas), he saw a limited future in nuclear power. That is when he took an academic appointment and pursued his clinical degree -- and never looked back.

Jim was born and raised in St. Louis, Missouri. He met his wife, Mary Ann Ryan, in 1966. They have three children. Like Jim, all three graduated as engineers, then moved on to other occupations. His daughter, Catherine, lives in Wallingford and holds a teaching certificate in secondary education. Son Matthew is the General Legal Counsel for a large international engineering firm in Houston. Son Timothy is a partner in a Chicago law firm specializing in general patent defense. Jim is the lucky grandfather of nine (ranging from ages 4 to 20). He says that the only unfortunate result of his children's education is that with two going to the U of Michigan and one to MSU, they can't ever watch a football game together!

What brought them to Seattle? Jim says: *"After a meeting with my two sons and daughter where we asked them who was going to care for us in our old age, my two sons were fiddling with their shoelaces and brushing lint off their pant legs and my daughter, Catherine, looked up and made eye contact. That sealed her fate. We made the move to Seattle two years ago."*

How do Jim and his sponsor, Dale, know each other?

Dale and Jean live in the same building as do Mary Ann and Jim. Jim says they share old age, arthritis, and wine -- not a club to aspire to.



Family reunion 2021



New Member Application Approved by Club Board



At the October 18 Club Board meeting, the application of Paula Day Williams was approved. Her sponsor is Omara Abe.

Paula is the President/CEO of NBFS Financial Inc. (www.number-crunchers.com), which is in the business of tax preparation and tax representation. She has been an accountant for 41 years, 32 of those with her own firm.

Paula is a graduate of California State University-Dominguez Hills, where she obtained her BS degree in Business Management.

She moved to Seattle from Simi Valley, California, in 2019 in order to live closer to her kids. In Simi Valley she was an active member of the Rotary Club of Simi Sunrise from 2000 to 2019. While in that club, she served as Treasurer, Community Service Director, Club Service Director, Family of Rotary Director, Program Chair, and as a member of many other committees.

Besides Rotary, Paula's community activities have included Delta Theta Sigma Sorority, Simi Valley Community Foundation, Simi Valley Soroptimists (founding member), Simi Valley Chamber of Commerce, Simi Sunrise Charitable Foundation, and Women's Information Network of Simi Valley. She was honored as one of Simi Valley's most influential community leaders in philanthropy.

Paula's special interests are racial justice, hunger/homelessness, women's issues and financial education. Her hobbies include travel, writing (she's editing her first novel!), photography, dogs—and FOOD!! She loves cooking it and eating it, and even attended Le Cordon Bleu in Paris. With respect to languages, she says she is only fluent in English, but "can still butcher Spanish and get by with French."

Paula's business address is on Mercer Island. Her business email is pdwilliamsea@gmail.com. She lives in the Rainier Valley area of Seattle. Her personal email is pdaywms@gmail.com and her cell phone number is 805-660-3658.

Peacebuilder Committee Announces New Mission Statement *(by Jeff Werthan)*



The Peacebuilder Committee is very happy to announce the finalization of our committee's Mission Statement. The Peacebuilder Committee has recommended and the Club Board has approved the following:

"The Mission of the Peacebuilder Committee of the University District Rotary Club is to advocate and support programs and projects designed to enhance peace and the non-violent management of conflict."

Thank you to all those Peacebuilder Committee members who worked with me over the past fifteen months to establish this concise and straightforward statement.

Virtual Boiling Pot Available for Club Members *(by Kirk Laughlin, Club Treasurer)*

U. District Rotary members - A reminder that a way to support our club during this difficult time—especially if you are enjoying the camaraderie of the weekly online meetings—is with a small token of your financial appreciation. The virtual "Boiling Pot" link is: <http://bit.ly/UDRCboil>.

You can choose an amount of \$5.00 to \$25.00 (there is a \$5.00 minimum since this is a credit card transaction). And you can do so during the meeting or anytime! Thank you for your support.





ENVIRONMENTAL
SUSTAINABILITY
ROTARY ACTION GROUP

ECOLOGY DAY CONFERENCE

Saturday, November 6, 2021

The Challenges of Our Planet, Solutions and Actions

9:15 am – 10:45 am PDT Biodiversity and Pollination Panel

Hande Apaydin
Centre for Public Impact

Bryan Ingram
Alpha Green

Chris Puttock, PhD
ESRAG

Mace Vaughn
Xerces Society

10:45 am – 12:30 pm PDT Climate Crisis and Solutions

Kerry Emanuel, PhD
MIT

Jonathan Foley, PhD
Drawdown Project

Don Wuebbles, PhD
University of Illinois

- Climate Emergency: Feedback Loops
- Climate Solutions 101
- Review of the UN IPCC Report: Code Red for Humanity

CLICK HERE TO REGISTER FOR THE ONLINE EVENT:

<https://bit.ly/3AOdXXT>

Afternoon Sessions for Interacts @ 1:00 pm PDT and Rotaracts @ 3:00 pm PDT. Everyone Welcome.

Click here to register for the online Ecology Day Conference: [Webinar Registration - Zoom](#)

Call for Club Officer/Board Member Nominations

Dear Club Members:

Our Club Nominating Committee is beginning the process of our leadership selection for next year as well as the individual who will serve as President in 2023-2024. The individual elected to the position of President-Elect automatically serves as President the following year.

Because we don't want to overlook anyone who might be interested in serving in a leadership capacity, we are asking if you have an interest in serving in any one of the positions or if you would like to nominate someone, please let me know by November 4.

President: Jeff Werthan

President-elect

Treasurer's Assistant (to help with Friday meeting check-ins)

Club Board of Directors 2022-2024--three positions

Board Members whose term ends June 30, 2023, and who are eligible to be nominated as President-elect or any other open position are: Rick Jones, Lisa Edwards and Jennifer Younger.

Please note that Kirk McLaughlin and Marilee Fuller will continue as Treasurer and Secretary, respectively.

Thank you for your thoughtful consideration,

Brenda Dimond, Nominating Committee Chair (phone 206-920-1440, email brendadimond8@gmail.com)



Upcoming Club Activities and Deadlines

- Sat.** 9:00-10:00 am. Rotarian Ad Hoc Social Justice Group. For link, contact Jeff Werthen: jmwdog@gmail.com.
- Oct 29** Deadline for receipt of Community Service Committee applications. Application and instructions on club Website (click link on page 1 of this bulletin) under Member Information. Info: Chris Giles at chris.giles@cannoncommercial.com or Samuel Cha at sammycha77@gmail.com.
- Oct 30** Deadline for receipt of International Service Committee applications. Application on club Website (click link on page 1 of this bulletin) under Member Information. Info: Sheila Hosner, breadpudding@aol.com.
- Nov 5** 9:00 am, Membership Committee meeting. Join Zoom Meeting: Meeting ID: 829 5549 1958, Passcode: 090115. <https://us02web.zoom.us/j/82955491958?pwd=UXBQc1BtMVpwS01kTG93MmZZRnVOdz09>.
- Nov 5** 10:30-11:30 am. Nominating Committee meeting via Zoom. Contact: Brenda Dimond, brendadimond8@gmail.com.
- Nov 8 Dec 13, Jan 10, Feb 14, Mar 14**, 12:00-1:00. Peacebuilder Committee meeting. Join Zoom Meeting: <https://us02web.zoom.us/j/82611326233?pwd=Rkd4M292dnA2R2pCMmt0TkhdXhldz09>
Meeting ID: 826 1132 6233 Passcode: 9sd3fn
- Nov 16 Dec 21, Jan 18, Feb 15**, 12:00-1:00. DEI Task Force meeting. Contact: Jeff Werthan, jmwdog@gmail.com.
- Mar 25 2022.** SAVE THE DATE! Club fundraiser.

Invitation to Join Rotarian Ad Hoc Social Justice Group *(by Jeff Werthan)*

Every Saturday morning, a group of Rotarians from several different clubs meets virtually to listen to a speaker and ask questions pertaining to various social justice issues. Our group has created a safe space, that allows everyone to speak his/her mind in a non-threatening environment.

"Non-threatening" does not always mean comfortable and does often mean challenging. It's an opportunity to listen, learn, comment and play the devil's advocate.



Our speaker for October 30 is Chris Covert-Bowlds, MD, a family doctor at Kaiser Permanente Northgate Medical Center in Seattle. He's active with Washington Physicians for Social Responsibility, Climate and Health Task Force. Chris feels that climate action is necessary to deal with the climate crisis and we all have to participate in the process.

For the link, please reach out to me: jmwdog@gmail.com. For a lively way to start your Saturday, visit us from 9:00 to 10:00 a.m.

Request for Warehouse Space for "Books for the World" *(from DG Howard Cohen and Judy Ginn)*

"Books for the World" is a Rotary program to collect books for people around the world. We are looking for a large commercial quality (warehouse size) space to receive, sort, and box books for export. Space should be adequate to operate a forklift. Please contact Judy Ginn at (206) 232-7527 if you can offer space.



So What Happened This Week? *(by Jeff Werthan)*

Oct. 28, 1517—Martin Luther nailed his 97 Theses to the church wall in Germany, beginning the Protestant Reformation.

Oct. 28, 1636— Harvard University is founded in Cambridge, Massachusetts.

Oct. 29, 1929— the stock market crashed.

Birthdays

Oct. 28, 1955—Bill Gates

Oct. 30, 1735—John Adams, our 2nd President

Nov. 2, 1755—Marie Antoinette

