

# Feed the Knowledge

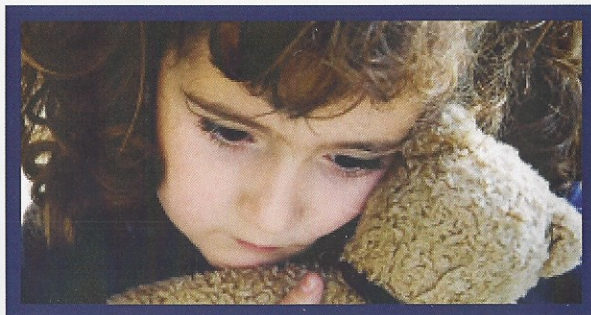
## Additional Programs

### Rotary Pantry Funding

Crestwood-Sunset Hills Rotary also provides monetary support to students at the discretion of the school counselors. These funds are used to purchase eye-glasses, school supplies, back-packs, immunizations, shoes, clothing, and much more. Requests are made by teachers and staff, and approved on a case-by-case basis.

### Operation Warm Program

In conjunction with Operation Warm (a national non-profit) and Columbia Sportswear Crestwood-Sunset Hills Rotary also provides winter coats to students grades K-12. The average cost is about \$20 for a quality brand-name coat that children are proud to wear and call their own. You can support this local program at <http://www.operationwarm.org/crestwood-sunsethills>



## Rotary



Crestwood-Sunset Hills  
Rotary Foundation  
P.O. Box 270267  
St. Louis, MO 63126

314-729-3636  
[www.cshrotary.org](http://www.cshrotary.org)  
[ftk@cshrotary.org](mailto:ftk@cshrotary.org)

## Rotary



# Feed the Knowledge

Curbing child hunger in OUR community...  
...A Crestwood-Sunset Hills Rotary Program



## Did you know?

Did you know that over 3,900 children receive free or reduced lunches in the Mehlville and Lindbergh School Districts? Some of these families need only moderate assistance to subsidize the weekly cost. But outside of school, more than 10% of these children worry about where their next meal will come from. This is especially true for the weekends.



Through relationships with the school district counselors at both Lindbergh and Mehlville, the Crestwood-Sunset Hills Rotary Club has identified this area of need. Rotarians began providing week-end meal bags to 25 students in 2 elementary schools in the fall of 2013. Initial funding was in part provided by a grant from Rotary International. The program has already grown to 43 students in 3 elementary schools for the winter semester 2014. This funding in part was provided by the Crestwood Sam's Club. The estimate for the fall semester of 2014 is 100 students in 8 elementary schools.

## Special Delivery!

Putting together kid-friendly non-perishable packages can be quite the challenge. Here is what a typical Weekend Package may look like.

### The items included in the bag are:

- 3 Breakfast items
  - Quaker Instant Oatmeal
  - Kelloggs Cereal Fun Pack
  - Kelloggs Pop-Tarts
- 1 Fruit
- 1 Juice
- 1 Milk
- 3-4 Lunch/Dinner items
  - Chef Boyardee Beef Ravioli
  - Del Monte Whole Kernel Corn
  - Campbell's Noodle Soup
- 3-4 Snack items
  - Snyder's Mini Pretzels
  - Snack Pack Pudding
  - Sunshine Cheez It Crackers
  - Austin Zoo Animals

The goal is to provide nutritious, kid friendly, easy to prepare food to the students on Friday before school is dismissed for consumption over the weekend. A critical component to a healthy life is nutrition. Good nutrition is important in establishing and maintaining a good foundation that has implications on a child's future physical & mental health, academic achievement, and economic productivity. With your help, the Crestwood-Sunset Hills Rotary can grow this program and curb child hunger in our own community!



**"The children seemed so grateful to have the bags of food to put in their backpacks, walking away with happy faces. So many children are food-insecure now, and of course, we do have our share. Children can not thrive if they don't have enough nourishment, so programs like these fulfill such a basic need."**

**-Mary Kay Scott  
Counselor, Sappington Elementary**

## A Growing Need

Our current pilot program is serving those most in need, as identified by teachers and counselors. When these children miss meals, their performance at school suffers and they fall behind.

With your financial support we can expand the program to more elementary and middle schools in South St. Louis County. Please consider sponsoring one or more children. Your donation combined with the efforts of Crestwood-Sunset Hills Rotarians will help those most in need.

Donor: \_\_\_\_\_  
Address: \_\_\_\_\_  
City: \_\_\_\_\_  
State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Email: \_\_\_\_\_  
Phone #: \_\_\_\_\_

For the 2014-2015 school year, I will:

Sponsor 1 child	\$175
Sponsor 2 children	\$350
Sponsor 3 children	\$525
Make a Donation of	\$

I prefer to pay by:  
Check (Enclosed)  
Make checks payable to CSH Rotary.  
Credit Card:  
(Authorization Form Required)  
\*CSH Rotary is currently establishing a 501(c)(3) Non-Profit.  
Donations will soon be tax-deductible.